

Dance like nobody is watching

[Most of the poetic sayings here are by a great lady, Crystal Boyd. The rest of this joyful message is an anonymous masterpiece, and grateful thanks, Crystal, and whoever wrote this great piece: you are clearly one wise and happy individual. Also a warm hug to my dear saintly friend Kaundinya who sent this to me. And now it is for your eyes only, until such time you cannot contain the joy, and simply want to touch the lives of others with this simple joy. Take this as an exercise in lovingkindness.]¹

If we could fit the entire world population into **a village of a 100 people**, maintaining the proportions of all the people living on earth, that village would consist of

57 Asians

21 Europeans

14 Americans (North, Central and South)

8 Africans

There would be:

52 women and 48 men

30 Caucasians and 70 non-Caucasians

30 Christians and 70 non-Christians

89 heterosexuals and

11 homosexuals

6 people would possess 59% of the world's wealth and they would all come **from the USA**

80 would live in poverty

70 would be illiterate

50 would suffer from hunger and malnutrition

1 would be dying

1 would be born

1 would own a computer

1 (yes, only one) would have a university degree

If we looked at the world in this way,

the need for acceptance and understanding would be obvious.

But, consider again the following:

If you woke up this morning in good health, you have more luck than one million people who won't live through the week.

If you have **never** experienced the horror of war, the solitude of prison, the pain of torture, were not close to death from starvation, then you are better off than 500 million people.

If you can go to **your place of worship** without fear that someone will assault or kill you, then you are luckier than 3 billion (that's right) people.

If you have a full **fridge, clothes** on your back, a **roof** over your head and a place to **sleep**, you are wealthier than 75% of the world's population.

If you currently have **money** in the bank or in your wallet, and a few coins in your purse, you are one of 8 of the privileged few amongst the 100 people in the world.

¹ For a PowerPoint slide version called "Lightning in a jar" with haunting music, see [here](#); a slide-only version: see [here](#) (there are other links, too). The picture entitled "Lightning in a jar" is copyrighted by [Bryan Allen](#). The rest I'm not sure. I've edited the piece slightly, and added a few joys of my own, especially at the end, keeping to the general joyful tone of the original piece.

If your **parents** are still alive and still **married**, you're a rare individual.
If someone sent you this message, you're extremely **lucky**,
Because someone is **thinking of you** and because you are *not* one of those 2 billion people *who can't read*.

And so?

Work like you don't need the money.

Smile as if you're meeting someone the first time.

Love like no one's ever hurt you.

Dance like nobody's watching.

Sing like no one's listening.

Live in this is heaven here and now.

Send this message to your friends.

Even to those who are determined to see the worst in the world no matter what.

Otherwise avoid them, but keep them in your loving heart.

If you don't send it, nothing will happen.

If you do send it, someone might smile while they are reading this, and that will be good.

And he might send this happy note to many more.

Don't be surprised, it might come back to you one day.

Apart from that, simply have a nice day!

And a great year ahead.

[Uncopyrighted, since you would have wished you wrote this.]

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