SUTTAdiscovery47 Precept & Practice

The Living Word of the Buddha

The Buddha's Teachings in the Oldest Texts

Translations, essays & notes by Piya Tan ©2014

Volume 47

Precept & Practice

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The true Dharma is prserved through our own practice and wisdom

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The Sutta Discovery (SD) series started with **the NUS Buddhist Society** weekly Sutta Study Group (SSG) classes in February 2002, and **the Buddhist Fellowship** SD series started in February 2003. These classes ran for over 10 consecutive years.

Piya Tan, who works on these Suttas and notes, and teaches them, was a former **Theravada monk** for 20 years. Today he is a full time lay Dharma teacher specializing in <u>early Buddhism</u>. He was consultant and regular lecturer to the Buddhist Studies Team (BUDS) that successfully introduced **Buddhist Studies in Singapore Secondary Schools** in the 1980s. After that, he was invited as a visiting scholar to **the University of California at Berkeley, USA**. He has written many ground-breaking and educational books on Buddhism (such as *Total Buddhist Work*) and social surveys (such as *Buddhist Currents* and *Charisma in Buddhism*).

Piya is a full-time Dharma teacher dedicated to doing an annotated translation of the Pali Suttas for those who wish to live Dharma-based lives. As a Theravāda monk, he learned insight meditation from Mahasi Sayadaw himself in the 1980s, and forest meditation from Ajahn Brahmavamso and others. He has run numerous meditation courses and retreats for students and adults (including non-Buddhists) since early 1980. He has taught meditation at the University of California at Berkeley, USA, and various schools, institution and corporation. He is doing all this for the love of Dharma and of Ratna and their two children. He envisions Buddhism as a global network rooted in local fellowship. Above all, he aspires to attain streamwinning in this life itself, and invites you to do the same.

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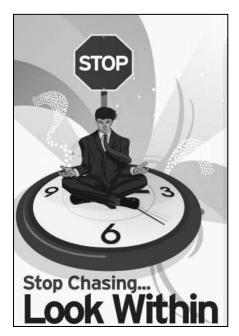
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- meditation therapist; 65 years old; a monk for 20 years
- has taught meditation for over 30 years
- has taught at the Univ of California @ Berkeley, Defence Science Organization, GMO, SIA, HP, Hitachi, JPMorgan, BP, etc
- > mentor and meditation instructor to various executives and individuals
- referrals from doctors, social workers, etc.
- now translating and teaching early Indian texts on meditation and psychology Wiki Piya: http://en.wikipedia.org/wiki/Piya Tan

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