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If life is a dream, when sleep ends, then naturally comes awakening

Suttas: [http://dharmafarer.org](http://dharmafarer.org) • Courses: [http://themindingcentre.org](http://themindingcentre.org)

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Piya Tan (TAN Beng Sin), 1949-
Title: Sutta Discovery 50a. Theme: Awakening & nirvana 1 (part 1 of 2)
Series: The living word of the Buddha (2002- )
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Piya Tan, a former Theravada monk for 20 years, works full-time on the Suttas with new commentaries, and teaches them. As a full time lay Dharma teacher, he specializes in early Buddhism. He was consultant and regular lecturer to the Buddhist Studies Team (BUDS) that successfully introduced Buddhist Studies in Singapore Secondary Schools in the 1980s, and then, invited as a visiting scholar to the University of California at Berkeley, USA. He has written many ground-breaking and educational books on Buddhism (such as Total Buddhist WORK) and social surveys (such as Buddhist Currents and Charisma in Buddhism).

As a full-time Dharma teacher, he runs Sutta and related classes like the basic Pali course series, the Sutta Study Group (NUSBS), Dharma courses (the Singapore Buddhist Federation), Sutta Discovery classes (Buddhist Fellowship and elsewhere), and Sutta-based (including meditation) courses (The Minding Centre), besides his own full-time Pali translation and research project, the Pali House, and doing a comparative study of the Pali Nikāyas and the Chinese Āgamas. As a Theravāda monk, he learned insight meditation from Mahasi Sayadaw himself in the 1980s, and forest meditation from various forest monks. He has run numerous meditation courses and retreats for students and adults (including non-Buddhists) since 1980s. In 1992, he taught meditation at the University of California at Berkeley, USA, and also to BP, JPMorgan, the Defence Science Organization, GMO, HP and SIA. He writes weekly reflections and gives daily online teachings on Facebook. All this for the love of Dharma and of Ratna and their two sons.
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Wiki Piya: http://en.wikipedia.org/wiki/Piya_Tan

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