

The Love Precepts

[Previously published as fb180824 piya]

To be Buddhist is to love **life**: this is all we are or will have.
We love it; others love theirs; let's make the best of it.

To love life is to **respect** life. It means to love work, to enjoy it
So that we can live right and well; never take what is not ours.

To respect life is to be **free**. To be healthy, our body must move freely.
We must allow others to be free, too, by accepting No just as we do Yes.

All this must be **true** to be good and useful. We are not alone.
When we communicate with truth, we will grow in good and joy.

But what is all this without **love**, to accept others as they are,
And to grow together. We need to cleanse our heart of all darkness.

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