

The Living Word of the Buddha

The Buddha's Teachings in the Oldest Buddhist Texts

translated with notes by Piya Tan ©2003
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Volume 3b

Theme: Refuge-going

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To go for refuge is to aspire to grow spiritually.

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for the sake of a beautiful mind,
as a support for the mind (in inner peace).
(Aṭṭha Dāna Sutta, A 8.31/4:236)