

The Buddha is Here

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There is the Buddha

He's still in our living memory: why follow other False Buddhas and Gurus?
The Buddha is human like us, but he walks the path of awakening.
His awakening frees him from all human weaknesses
To rise beyond even the divine, the supernatural, to nirvana.
We only need one father, one mother, one Buddha.

There is the Buddha Dhamma

The true teaching is still with us, coded in the suttas,
Waiting for us to read them, see them, live them,
And so free ourself from our own limiting views,
From the false beliefs of religion, politics and race.
The Dhamma is a mirror in which we see our true self.

There is the Noble Sangha

The noble saints are those who are walking the path
Or who have ended their journey in nirvana: the arhats.
Then, there are the non-returners, the once-returners;
The streamwinners have taken the first steps on the path.
We only need to see impermanence: accept it, see the path.

There is the Training

The Buddha's training is right here, not in some public talk,
Nor class schooling ending with a degree,
Ending our learning process, blinding, bloating our ego,
Where there is none, but only fleeting moment, a life in flux.
Letting go of our breath, we live; letting go, we reach nirvana.

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