

Buddhist Meditation Series 3

Meditation

A Stillness Guide

Inspiring meditations, recollections and inner peace

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The Minding Centre
Singapore

ISBN 978-981-09-3438-5

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Publishers: the author
&
The Minding Centre
Singapore

National Library Board, Singapore Cataloguing-in-Publication Data

Tan, Piya, 1949-, author.

Meditation : a stillness guide : inspiring meditations, recollections and inner peace /
Piya Tan. – Singapore : Tan Beng Sin (Piya) : The Minding Centre Singapore,
[2014]

pages cm – (Buddhist meditation series ; 3)

Includes bibliographic references.

ISBN : 978-981-09-3438-5 (paperback)

1. Meditation – Buddhism. I. Title. II. Series: Buddhist meditation series ; 3.

BQ5602

294.34435 -- dc23

OCN896231460

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