

Short takes

Buddhism truly briefly

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The ones

We have only 1 father, need only 1 father, love only our 1 father,
we have Sakyamuni, Siddhattha Gotama, the one and only **Buddha**
who has found the path of awakening and shown it to us.
The Dhamma is like our only mother: respect her as she is.

Just as the Buddha places the **Dhamma** above even himself, living by it,
let us, too, always put the Teaching above teachers;
then, they are true teachers
who teach the only true reality that can help and free us (including the teachers):
that all is impermanent.

The world is a prison of the senses, the **sangha** is the space of freedom and light:
our freedom comes only when we go along the one and only way: renunciation;
to free the world, we must let it go: let go of narcissism, false knowledge, superstition.

Narcissism: "I first, me always, mine forever"; but will never be, so we keep at it.
False knowledge: we think we know, but understanding is knowing that we don't.
Superstition: our home is safe, but we keep running out into in the dark.

The twos

Even our **breath** leaves the body so that we will live;
we can never have anything; it belongs to the world;
we have the **all**—eye, ear, nose, tongue, body, mind—
we create our own God and world.

When we must say I, it is out of regard for **you**:
I am because you are; we are because we keep changing:
the past dies, the future arrives every moment in the present.

When we do not know the suttas, the teaching, we are **blind**;
when we do not walk the path that is before us, we are **lame**;
when we cannot see with open eyes, it is better to close them:
then, we have neither blurs nor double-vision: we see what eyes blind.

Buddhism brings us profit, praises, power: they are our prison;
Dhamma keeps us healthy in body and mind, in joy and wisdom,
here and now: death is just a door to awakening's path; so, live now.

The meaning of life is to **live**;
the purpose of life is to **love**—
space and light: wisdom and compassion.

R661 Inspiration 402
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