The universe is time, space and our mind

Suttas & commentaries: http://dharmafarer.org
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THE MINDING CENTRE, based in Singapore, is part of Piya Tan’s Dharma ministry. It was founded in 2006 to provide non-religious Dharma-based services to those in need of counsel and solace. It also serves as a haven and hub for those seeking Dharma by way of critical thinking, creative feeling, meditation, sutta translation and study, spiritual experience, and sharing that light and joy. The Centre also supports and promotes Piya Tan in his full-time Buddhist and related work.

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THE SUTTA DISCOVERY SERIES is part of the Living Word of the Buddha project which aspires to present and encourage an exploration of early Buddhism, both in a Dharma-inspired and academic manner for personal development as well as outreach work on a local and global scale. The Minding Centre and the Living Word of the Buddha project are motivated and guided by a quest for the historical Buddha and a vision of mere Buddhism.

Suttas: http://dharmafarer.org

THE MERE BUDDHIST VISION. We aspire to learn, teach and practise mere Buddha Dharma, or “non-religious Buddhism,” that is, Buddhism as simple as possible, as the teaching of the historical Buddha, so that it is open to all who seek true stillness and liberating wisdom. We aspire to compassionately and joyfully proclaim the possibility, necessity and urgency of gaining spiritual liberation in this life itself—at least as streamwinners, with or without dhyana—in keeping with the spirit of the Okkanta Samyutta (S 25). Mere Buddhism is easy: live it and be free.

Piya Tan (Tan Beng Sin), 1949-
Title: Sutta Discovery 57b. Theme: Rebirth and cosmology
Series: The living word of the Buddha (2002 - )
First published 2021; publisher: the author

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WE GIVE
for the sake of a beautiful mind,
as a support for the mind (in inner peace).
(Aṭṭha Dāna Sutta, A 8.31/4:236)
As people today become more aware of Buddhism, many seek the simple original teachings of the Buddha. For over two decades now, Piya Tan has been inspired by this ideal of “mere Buddhism.” In this connection, he has set up the Minding Centre and Pali House.

The Minding Centre

A still centre in life’s storms

Email: themindingcentre@gmail.com; hp +65 8211 0879.
Sutta, commentary & inquiry: http://dharmafarer.org

Address all mails to: “Pali House,” Blk 248, Jurong East St 24, #08-50, Singapore 600248

Pali House

On Vesak Day, 12th May, 2006, Pali House was born, fulfilling Piya’s long-time dream for living space that is spacious, quiet and conducive for his Dharma work.

- Pali House has one of the most complete set of early Buddhist scripture (texts and translations).
- The translating of the early Buddhist scripture in the Sutta Discovery series is done at Pali House.

Pali House is possible through the generosity of the Buddhist community and various individuals like yourself who have generously and regularly contributed to Piya Tan’s work. He is doing full-time lay Dharma work without any salary. As such, your continued support will greatly help our Dharma work.

How you can help

- Support for Piya Tan’s full time Buddhist work (especially the Sutta Translation & related projects).
- Help with the Dharmafarer website (http://dharmafarer.org) through your expertise and time.
- Introduce people to the Minding Centre and advertise our activities to your friends, etc.
- Donate to cost of computer peripherals and printing, especially laser printer toner and A4 copy paper.
- Sponsor purchases of Buddhist scriptures, books and materials (for the Sutta Translation library).
- Contribute to the Sutta publication fund (for printing costs of study notes and SD books, etc).
- Encourage relatives and friends to offer dāna together for merit of happy togetherness.
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  May this merit bring my mind peace and wisdom.
  May I enter the path of streamwinning in this life itself.

To pledge or donate, please make your cheque payable to “The Minding Centre” & mail to:

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For more information on our CLASSES and ACTIVITIES, please email us at dharmafarer@gmail.com.
The most direct way to learn Buddhism is to read and live the Pali suttas which contain some of the oldest records we have of the Buddha’s teachings. As we search these scriptures, we will discover ourselves amidst their stories, teachings and practices, and even take a first step towards spiritual awakening.

This series will also help you learn and master the Pali Canon: to locate suttas, teachings and stories, and have an idea of how Suttas are transmitted and translated. Wherever feasible, comparative studies are made between the Pali, Sanskrit and Chinese (Āgama) versions of the suttas. Although a very basic knowledge of Buddhism (the 5 Precepts, etc) is helpful, no knowledge of these languages is required for this course. This class is suitable for beginner and mid-range level.

The Sutta Discovery (SD) series started with the NUS Buddhist Society weekly Sutta Study Group (SSG) classes (February 2002 onwards), and the Buddhist Fellowship SD series (February 2003 onwards). The SD works are now freely available worldwide on http://dharmafarer.org. There is an on-going global team of volunteer Sutta readers who regularly study the suttas and essays, and proof-read them.

ثارا، a former Theravada monk for 20 years, works full-time on the Suttas with new commentaries, and teaches them. As a full-time lay Dharma teacher, he specializes in early Buddhism. He was consultant and regular lecturer to the Buddhist Studies Team (BUDS) that successfully introduced Buddhist Studies in Singapore Secondary Schools in the 1980s, and then, invited as a visiting scholar to the University of California at Berkeley, USA. He has written many ground-breaking and educational books on Buddhism (such as Total Buddhist Work) and social surveys (such as Buddhist Currents and Charisma in Buddhism).

As a full-time Dharma teacher, he runs Sutta and related classes like the basic Pali course series, the Sutta Study Group (NUSBS), Dharma courses (the Singapore Buddhist Federation), Sutta Discovery classes (Buddhist Fellowship and elsewhere), and Sutta-based (including meditation) courses (The Minding Centre), besides his own full-time Pali translation and research project, the Pali House, and doing a comparative study of the Pali Nikāyas and the Chinese Āgamas. As a Theravāda monk, he learned insight meditation from Mahasi Sayadaw himself in the 1980s, and forest meditation from various forest monks. He has run numerous meditation courses and retreats for students and adults (including non-Buddhists) since 1980s. In 1992, he taught meditation at the University of California at Berkeley, USA, and also to BP, JPMorgan, the Defence Science Organization, GMO, HP and SIA. He writes weekly reflections and gives daily online teachings on Facebook. All this for the love of Dharma and of Ratna and posterity.
Dharma Drive
The Living Word of the Buddha
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The Sutta Discovery series by Piya Tan, beginning in 2002 and still going on.

Make this a gift to a monastic or someone who needs it

This series will also help you learn and master the Pali Canon: to locate suttas, teachings and stories, and have an idea of how Suttas are transmitted and translated. Wherever feasible, comparative studies are made between the Pali, Sanskrit and Chinese (Āgama) versions of the suttas. If you can read this message, you are ready to study the Suttas.

For Dharma stewards (supporters): The Dharma Card (8GB Micro SD Card) contains +60 SD vols, sutta teachings (MP3 talks, videos), reflections & books by Piya Tan.

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