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## Samādhi Mūlaka Sakkacca, kārī Sutta

The Discourse on the Samadhi-rooted Care | S 34.8/3:267 f

Theme: Samadhi practised with care brings it to success

Translated by Piya Tan ©2013

Introduction

**1 THE JHĀNA SĀMYUTTA**, the last of the 13 chapters (*vagga*) of Khandha Vagga (the chapter on the aggregates), is a set of 55 connected discourses on meditation (*jhāna*).<sup>1</sup> Its first chapter and only chapter, actually a “subchapter” (*vagga*), **the Jhāna Vagga**, so that it is its alternate title. This *sāmyutta* is also the last of the 13 chapters (*vagga*) of Khandha Vagga (the chapter on the aggregates).

The Jhāna Sāmyutta is a cycle of teachings on meditation, like a wheel (*cakka*), listing all the possible twinning of 11 skills related to meditation. Each pair is then listed by way of 4 possibilities, that is, one who has only one of the skills, one who has only the other skill, one who has neither, and one who is skilled in both. The last is always declared to be the best, the “cream” (*maṇḍa*) [S9].<sup>2</sup>

The Sāmyutta commentary tells us that the entire Jhāna Sāmyutta deals with mundane dhyana, that is, only the process of deep meditation without mentioning the results of such a practice (with neither path nor fruition).

**2 THE SUTTA TYPOLOGY.** This sutta and those in the rest of the Jhāna Sāmyutta seems to be artificially put together for the same of Abhidhamma-like completion. This could reflect a time when the suttas were given great prominence as a scriptural canon, perhaps during on the early Buddhist councils before Asoka’s time, that is, between the 5<sup>th</sup> and 3<sup>rd</sup> centuries BCE.

As sutta students, we should be curious about such developments for a broader perspective of sutta history and significance. Having said that, we can still reflect on such a sutta as an effort in directing our attention to specific qualities we need to cultivate in meditation. In this sutta, we should not only know *about* meditation, but we should also learn to remain within samadhi, that is, a concentrated and still mind, even dhyana itself.

As we persevere and progress in our meditation, such suttas become more meaningful to us. They become like a checklist reminding us to ensure that our practice is properly done. The unawakened mind easily becomes bored with repetitiveness, but an awakening mind, or one that love solitude, will notice even the passing daily, seemingly uneventful, as peaceful and meaningful as the measured moments of our own breathing.

**3 THE SAMĀDHI MŪLAKA SAKKACCA, KĀRĪ SUTTA** (S 34.2), as the title suggests, gives this list of 4 kinds of meditators, in of samadhi, in a broad sense of mental concentration, especially *care* regarding dhyana, thus:

- (1) skilled about samadhi in regard to samadhi, but not skilled in *the care* regarding samadhi.<sup>3</sup> [S4]
- (2) skilled in the care regarding samadhi, but unskilled *about* samadhi in regard to samadhi.<sup>4</sup> [S5]
- (3) neither skilled *about* samadhi in regard to samadhi, nor skilled in *the care* regarding samadhi.<sup>5</sup> [S6]
- (4) both skilled *about* samadhi in regard to samadhi and also skilled in *the care* regarding samadhi.<sup>6</sup> [S7]

<sup>1</sup> On this meaning, see **Samādhi Samāpatti S** (S 34.1) @ SD 41.12 (1.1).

<sup>2</sup> For details, see SD 41.12 (1.3.5).

<sup>3</sup> *Idha bhikkhave ekacco jhāyī samādhismim samādhi, kusalo hoti, na samādhismim sakkacca, kārī, kusalo.*

<sup>4</sup> *Idha pana bhikkhave ekacco jhāyī samādhismim sakkacca, kārī, kusalo hoti, na samādhismim samādhi, kusalo.*

<sup>5</sup> *Idha pana bhikkhave ekacco jhāyī n’eva samādhismim samādhi, kusalo hoti, na ca samādhismim sakkacca, kārī, kusalo.*

The last is the best, the “cream” (*maṇḍa*) [§9].<sup>7</sup> This pattern reflects that of **the Samādhī Samāpatti Sutta** (S 34.1), the first discourse in the Jhāna Saṃyutta itself. This Sutta has been fully translated and annotated elsewhere, and should be referred to for other detailed notes.<sup>8</sup>

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## Samādhī Mūlaka Sakkacca,kārī Sutta

### The Discourse on Samadhi-rooted Care

S 34.8/3:267 f

**1-3** Originating in Sāvattihī.

Bhikkhus, there are these four kinds of meditators.

What are the four?

**4** (1) Here, bhikkhus, some meditators are skilled about samadhi [mental concentration] in regard to samadhi, but not skilled in *care* regarding samadhi.<sup>9</sup>

**5** (2) But, here, bhikkhus, some meditators are skilled in care regarding samadhi, but not skilled *about* samadhi in regard to samadhi.<sup>10</sup>

**6** (3) But, here, bhikkhus, some meditators are neither skilled *about* samadhi in regard to samadhi, nor skilled in *care* regarding samadhi.<sup>11</sup>

**7** (4) But, here, bhikkhus, some meditators are both skilled *about* samadhi in regard to samadhi and also skilled in *care* regarding samadhi.<sup>12</sup>

**8** Here, bhikkhus, this meditator who is both skilled *about* samadhi in regard to samadhi and also skilled in *care* regarding samadhi—

of these four kinds of meditators, he is the foremost, the best, the leader, the highest, and most excellent.<sup>13</sup>

**9** Bhikkhus, just as from a cow comes milk; from milk, cream; from cream, butter; from butter ghee; and from ghee, the cream of ghee: here the cream of ghee is the foremost<sup>14</sup>—

**10** even so, bhikkhus, this meditator who is both skilled *about* samadhi in regard to samadhi and also skilled in *care* regarding samadhi—

of these four kinds of meditators, he is the foremost, the best, the leader, the highest, and most excellent.

**11** These, bhikkhus, are these four kinds of meditators.

— evaṃ —

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<sup>6</sup> *Idha pana bhikkhave ekacco jhāyī samādhismim samādhi,kusalo ca hoti, samādhismim sakkacca,kārī,kusalo ca.*

<sup>7</sup> For details, see SD 41.12 (1.3.5).

<sup>8</sup> S 34.1/3:263 f, SD 41.12.

<sup>9</sup> *Idha bhikkhave ekacco jhāyī samādhismim samādhi,kusalo hoti, na samādhismim sakkacca,kārī.*

<sup>10</sup> *Idha pana bhikkhave ekacco jhāyī samādhismim sakkacca,kārī hoti, na samādhismim samādhi,kusalo.*

<sup>11</sup> *Idha pana bhikkhave ekacco jhāyī n’eva samādhismim samādhi,kusalo hoti, na ca samādhismim sakkacca,kārī.*

<sup>12</sup> *Idha pana bhikkhave ekacco jhāyī samādhismim samādhi,kusalo ca hoti, samādhismim sakkacca,kārī ca.*

<sup>13</sup> *Ayaṃ imesaṃ catunnaṃ jhāyīnaṃ agga ca seṭṭho ca mokkho [Ke Se pāmokkho] ca uttamo ca pavaro ca.*

<sup>14</sup> *Seyyathā’pi bhikkhave gavā khīraṃ khīramhā dadhi dadhimhā nava,nītaṃ nava,nītamhā sappi sappimhā sap-pi,maṇḍo tatra aggam akkhāyati. See Samādhī Samāpatti S, SD 41.12 (1.3.5).*