2021c

The Early Buddhist Texts

Translations, essays & notes by Piya Tan ©2021c

Sutta Discovery

Volume 59a

Moral virtue 1

THE MERE BUDDHIST VISION

We aspire to learn, teach and practise <u>mere Dharma</u>, or "non-religious Buddhism," that is, Buddhism as simply as possible, so that it is open to all who seek true stillness and liberating wisdom.

We aspire to joyfully proclaim the possibility and necessity of gaining <u>spiritual liberation in this life</u>

<u>itself</u> (at least as a streamwinner, with or without dhyana),
in keeping with the teachings **of the Okkanti Samyutta** (S 25).

Mere Buddhism is easy: live it and be free.

For conventions and bibliography, see SD Guide (SD 0.1)

- (1) Ākaṅkheyya Sutta (M 6)
 The 1st priority of the 3 trainings in spiritual life
- 15 (2a) (Aṭṭhaka) Uposatha Sutta (A 8.20)
 The parable of the great ocean
- 34 (2b) (Udāna) Uposatha Sutta (U 5.5)
 The parable of the great ocean
- **45 (2c)** Pātimokkha Ṭhapana Khandhaka (Cv 9.1-2) The parable of the great ocean
- 57 (3) Anumāna Sutta (M 15) Amenability and self-counselling
- 74 (4) Nav'aṅg'uposatha Sutta (A 9.18)
 Lovingkindness empowers moral virtue
- 81 (5) (Pañcaka) Niraya Sutta (A 5.145) Moral virtue defines our karma
- 109 (6) Partial precepts? Buddhism: academic study & text-based practice
- 150 (7) Cha-b,bisodhana Sutta (M 112) How to recognize an arhat

Those who know true reality are not fooled by virtual reality.

Suttas: http://dharmafarer.org
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THE MINDING CENTRE, based in Singapore, is part of Piya Tan's Dharma ministry. It was founded in 2006 to provide non-religious Dharma-based services to those in need of counsel and solace. It also serves as a haven and hub for those seeking Dharma by way of critical thinking, creative feeling, meditation, sutta translation and study, spiritual experience, and sharing that light and joy. The Centre also supports and promotes Piya Tan in his full-time Buddhist and related work.

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THE MERE BUDDHIST VISION. We aspire to learn, teach and practise mere Buddha Dharma, or "non-religious Buddhism," that is, Buddhism as simple as possible, as the teaching of the historical Buddha, so that it is open to all who seek true stillness and liberating wisdom. We aspire to compassionately and joyfully proclaim the possibility, necessity and urgency of gaining spiritual liberation in this life itself—at least as streamwinners, with or without dhyana—in keeping with the spirit of the Okkanta Samyutta (S 25). *Mere Buddhism is easy: live it and be free.*

Piya Tan (TAN Beng Sin), 1949-Title: Sutta Discovery 58a. Theme: Moral virtue 1 Series: The living word of the Buddha (2002-) First published 2021; publisher: the author ISBN 978-981-18-2614-6 (digital) ISBN 978-981-18-2613-9 (physical)

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As people today become more aware of Buddhism, many seek the simple original teachings of the Buddha. For over two decades now, Piya Tan has been inspired by this ideal of "mere Buddhism." In this connection, he has set up the Minding Centre and Pali House.

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spacious, quiet and conducive for his Dharma work.

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The most direct way to learn Buddhism is to read and live the Pali suttas which contain some of the oldest records we have of the Buddha's teachings. As we search these scriptures, we will discover ourselves amidst their stories, teachings and practices, and even take a first step towards spiritual awakening.

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□ PIYA TAN, a former Theravada monk for 20 years, works full-time on the Suttas with new commentaries, and teaches them. As a full-time lay Dharma teacher, he specializes in <u>early Buddhism</u>. He was consultant and regular lecturer to the Buddhist Studies Team (BUDS) that successfully introduced **Buddhist Studies in Singapore Secondary Schools** in the 1980s, and then, invited as a visiting scholar to **the University of California at Berkeley, USA**. He has written many ground-breaking and educational books on Buddhism (such as *Total Buddhist Work*) and social surveys (such as *Buddhist Currents* and *Charisma in Buddhism*).

As a full-time Dharma teacher, he runs Sutta and related classes like the basic Pali course series, the Sutta Study Group (NUSBS), Dharma courses (the Singapore Buddhist Federation), Sutta Discovery classes (Buddhist Fellowship and elsewhere), and Sutta-based (including meditation) courses (The Minding Centre), besides his own full-time Pali translation and research project, the Pali House, and doing a comparative study of the Pali Nikāyas and the Chinese Āgamas. As a Theravāda monk, he learned insight meditation from Mahasi Sayadaw himself in the 1980s, and forest meditation from various forest monks. He has run numerous meditation courses and retreats for students and adults (including non-Buddhists) since 1980s. In 1992, he taught meditation at the University of California at Berkeley, USA, and also to BP, JPMorgan, the Defence Science Organization, GMO, HP and SIA. He writes weekly reflections and gives daily online teachings on Facebook. All this for the love of Dharma and of Ratna and posterity.

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