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(Sangaha) Bala Sutta

The Discourse on the Powers (in connection with welfare) | A 9.5 Theme: How to free oneself from 5 common fears Translated by Piya Tan ©2003; rev 2010

1 Key terms

1.1 Two suttas on the 4 powers

1.1.1 The 4 powers in brief (Sutta)

The 4 powers—wisdom, energy, blamelessness and welfare—mentioned here are simply listed without any elaboration in **the Paññā Bala Sutta** (so called in the Burmese canon, A 4.153):

SD 2.21(1)

Pañña Bala Sutta

The Discourse on the Power of Wisdom | A 4.153/2:142 A 4.4.1.3 Anguttara Nikāya 4, Catukka Nipāta 4, Catuttha Paṇṇāsaka 1, Indriya Vagga 3 Theme: The 4 powers ending with that of welfare

Bhikshus, there are these **4 powers**. What are the powers?

(1) The power of wisdom. paññā,bala
 (2) The power of energy. viriya,bala
 (3) The power of blamelessness. anavajja,bala
 (4) The power of welfare. saṅgaha,bala

These, bhikshus, are the 4 powers.

— evam —

The complete Sutta here, called **(Saṅgaha)** Bala Sutta, is found in the Book of Nines (*navaka nipāta*), the "nine" coming from the 4 powers and the 5 fears which we will examine here.

1.1.2 The 4 powers in detail (Sutta)

Traditionally, the 5 powers (pañca bala) are: faith (saddhā), energy (viriya), mindfulness (sati), concentration (samādhi) and wisdom (paññā), all of which are the "unshakable" (akampiya) or spiritually stable form of the 5 faculties (indriya) (Pm 1:16 f). This means that each of the 5 powers is not shaken by its opposite, that is to say by lack of faith, by laziness, by forgetfulness, by distraction and by ignorance respectively.¹

The (Saṅgaha) Bala Sutta, on the other hand, applies the term *bala* in a non-technical way. In fact, it is applied in this manner—as <u>the 4 powers</u> (*catu bala*)—only twice, once in the Book of Fours (as the **Paññā Bala Sutta**, A 4.153/2:142), and here in its elaborate 9-factored form with the "4 bases of welfare" (*saṅgaha,vatthu*). Here we see <u>a social application</u> of the powers, underlying which is clearly the spiritual strength that they promise.

¹ On these <u>5 powers</u>, see *Pañca Bala*, SD 10.5.

The 4 powers of the (Saṅgaha) Bala Sutta (A 9.5), in other words, are those of a mundane nature, for our personal happiness and social success (including the benefit of the community or society as a whole). The 4 powers are those of wisdom, of energy, of blamelessness, and of welfare [§2]. In this connection it is beneficial to study a related discourse (where "blamelessness" is also mentioned), that is, the Dīgha,jānu Sutta (A 8.54), on the layman's welfare, worldly and spiritual.²

1.2 Sangaha and Sangaha, vatthu.

1.2.1 Saṅgaha

The term <code>saṅgaha</code> (Skt <code>saṅgraha</code>) comes from <code>saṁ</code> ("together") + <code>VGRAH</code> (to grasp, hold), and thus has a literal sense of "holding together," that is, solidarity, welfare. The Pali-English Dictionary (PED) gives the following definitions of <code>saṅgaha</code>:

- 1 collecting, gathering, accumulation (VI:253; Mahv 35, 28).
- **2** comprising, collection, inclusion, classification (Kvu 335 f ($^{\sim}kath\bar{a}$), cp Kvu:SR 388 f ("classification"); Vism 191, 368 (eka^{\sim}); $^{\sim}m$ gacchati, to be comprised, included, or classified (SnA 7, 24, 291).
 - **3** inclusion, ie constitution of consciousness, phase (Miln 40).
 - 4 recension, collection of the Scriptures (Mahv 4.61, 5.95, 38.44; DA 1:131).
- **5** (applied) kind disposition, kindliness, sympathy, friendliness, help, assistance, protection, favour (D 3:245; Sn 262, 263; A 1:92; J 1:86 f, 3:471. 6:574; DA 1:318; VvA 63, 64; PvA 196 ~*ṁ karoti*). (PED 666: sv *saṅgaha*; standardized)

For our present purposes, we shall only look at (5) which refers to the oldest usages of *saṅgaha* in the Pali texts. *Saṅgaha*, as "**welfare**," has the sense of bringing people together in harmony, solidarity, comradeship and mutual good. All this is best represented by the word "welfare," promoting the following benefits: [§6]

(1) the spirit of harmony, generosity and charity;	dāna
(2) communicating in an affable or friendly manner;	peyya,vajja
(3) acting in mutually beneficial manner, with deep respect for one another;	attha,cariya
(4) living in a common spirit of moral ethics and spiritual vision.	samān'attatā

1.2.2 Saṅgaha, vatthu

The (Saṅgaha) Bāla Sutta (A 9.5) defines **the 4 bases of welfare** (*saṅgaha,vatthu*), factors conducive to social solidarity and community welfare, as comprising generosity [giving], pleasant speech, beneficent conduct, and impartiality [freedom from bias] [§6]. The Buddhist Hybrid Sanskrit (BHS) equivalents (such as *saṁgraha,vastu*) are as follows:³

Pāli (c300 BCE)4	Mahāvastu 1.3 (100 BCE-400 CE)	Lalita, vistara 30 (300-500 CE)
dāna	dāna	dāna
piya,vācā	priya,vākya	artha,kriyā
attha,cariyā	tathā'rtha,caryā	samānârthatā
samanattā	samāna,sukha,duḥkatā	samāna,sukha,duḥkatā

² A 8.54/4:281-285 @ SD 5.10.

³ For other refs, see BHSD (548), sv saṁgraha-vastu.

⁴ D 3:152, 232; A 2:32, 248, 4:219, 364; J 5:330; SnA 236, 240. See also H Kern, *Toevoegselen* 2:67 sv.

Note that the Lalita, vistara list is unique in having artha, $kriy\bar{a}$ (beneficial action) instead of priya, $v\bar{a}k$ -ya (the Sanskrit equivalent of piya, $v\bar{a}c\bar{a}$ "loving speech"). Instead of attha, $cariy\bar{a}$ ("beneficial conduct"), the Mahāvastu has $tath\bar{a}'rtha$, $cary\bar{a}$ ($tath\bar{a}$, "truth" + artha, $cariy\bar{a}$) which can be rendered as "beneficial conducted in truth or related to the truth"). The Lalita, vistara, on the other hand, here has $sam\bar{a}n\hat{a}rthat\bar{a}$, that is, $sam\bar{a}na$ ("equality") + artha ("benefit, purpose") + $t\bar{a}$ ("-ness"), meaning "impartiality," which is actually the fourth sangaha, vatthu.

Finally, both the Sanskrit texts have <code>samāna,sukha,duḥkatā</code>, "being the same in joy and in sorrow"). Apparently, as the centuries passed, the latter-day Buddhists using Sanskrit, came up with their own qualities or deviated from the early Buddhist list.

2 The 6 memorable qualities

- **2.1** Similar to the 4 bases of welfare are the 6 memorable qualities (sāraṇīya,dhamma) or conditions for conciliation (sārāṇīya dhamma) for fraternal living "that create love and respect, conduce to welfare, to non-conflict, to concord, and to unity" (a teaching given in a number of other places). These qualities promote fellowship, vital to the settled communal life of the Buddhist monks and nuns.
- **2.2** The Sāma,gāma Sutta (M 104) records the Buddha's teaching these qualities to Ānanda as a preserver of the monastic system. The 6 memorable qualities are as follows:⁵

Keeping up bodily acts of lovingkindness.
 Keeping up verbal acts of lovingkindness.
 Keeping up mental acts of lovingkindness.
 Keeping up mental acts of lovingkindness.
 Enjoying things in common (with the virtuous).⁶
 Dwelling with common moral virtue that conduces to mental concentration.

(6) Dwelling with common right view that conduces to the complete destruction of suffering.

diṭṭhi,sāmaññatā

2.3 All these qualities should be shown both in public and private towards others, especially companions in the faith. These qualities are called "memorable" ($s\bar{a}ran\bar{i}ya$) because they inspire us to regard and recall others as spiritual friends.⁷ Elsewhere, these qualities are said to the "conditions for conciliation" ($s\bar{a}r\bar{a}n\bar{i}ya$ dhamma), such as in **the (Chakka)** Sārān $\bar{i}ya$ Dhamma Sutta 1+2 (A 6.11+12).⁸

3 The 5 fears

3.0 The (Sangaha) Bala Sutta closes by stating that "the noble disciple accomplished in these 4 powers overcomes 5 fears," that is, to say:

(1) the fear of livelihood; ājīvika bhaya
(2) the fear of disrepute; asiloka bhaya

(3) the fear of nervousness before an assembly; parisa,sārajja bhaya

⁵ M 104,21/2:250 f. The 6 memorable qualities are also found in **Kosambiya S** (M 48,6-7/1:322 f).

⁶ As one of the 6 conditions for conciliation (sārāṇīya dhamma), this is phrased as "sharing without reservations

^{...&}quot; (appatīvibhatti,bhogī), as in (Chakka) Sārāṇīya Dhamma S 2 (A 6.12/3:289 f), where this condition switches place with condition 5 (SD 55.16).

⁷ M 2:250 f; D 2:80, 3:245, 281; M 2:250 f; A 3:288.

⁸ A 6.11/3:288 f (SD 55.15); A 6.12/3:289 f (SD 55.16).

marana bhaya

(4) the fear of death; and

(5) the fear of a bad destiny [rebirth]. duggati bhaya [§8]

3.1 The fear of livelihood [§9(1)]

Our **livelihood** ($\bar{a}j\bar{i}va$) is not just a job that keeps us alive and healthy, but our work significantly shapes and influences our being, physical and mental. If we are neither monastics nor living on a comfortable inheritance, we need to work to earn a living. Our work, as such, is a means of supporting ourselves in an ethical manner. The Buddha reminds those of us who are laymen to enjoy our well-earned wealth and benefits in a balanced life, that is, living within our means.⁹

If our work and efforts attract **wealth**, that is good. For then, we and our loved ones can live at ease, and we also have the means to do charity, giving others the opportunity to rise above their suffering, ignorance and deprivation. Wealth, in other words, should be wisely and widely shared, so that our home, the clan, our community, our society, the country and the world is, in some way, a better place to live in.¹⁰

The more <u>dependent</u> we are on our work for a living, the greater our fear of losing our source of income. However, according to the (Sangaha) Bala Sutta (A 9.5), we have nothing to fear here if we have wisdom, energy, blamelessness, and conciliation, that is, when

- (1) we are well qualified in our work and skillful at it;
- (2) we are industrious in our work;
- (3) we are blameless in our actions; and
- (4) we are on good terms with others.

[It is worth discussing with your students or colleagues, which of these 4 "powers" would apply best to this situation and how.]

Work is best when we love doing it, and it is something wholesome (not against any of the 5 precepts). Next, our work should make us financially independent. Sometimes, especially at the start, we may need to work to be financially independent. This means that we need to be patient with ourselves and our work until the time is right for us to progress in seeking a more suitable and viable job.¹¹

3.2 The fear of disrepute [§9(2)]

If we have a superior sense of ourselves, often measuring ourselves against others, we are likely to fear a loss of our reputation, especially when we have done something wrong. In a sense, this is a good thing, that is, when such a thought prevents us from lapses in our duties or being unethical.¹² A worse situation is where we think that we are above everyone else, even above the law, so that we do not accountable for what we have done or not done.¹³

According to the (Sangaha) Bala Sutta, we have nothing to fear of disrepute if we have wisdom, energy, blamelessness, and conciliation, that is, when

⁹ See **Dīgha,jānu S** (A 8.54,7/4:282 f), SD 5.10.

¹⁰ On worldly happiness, see **Anaṇa S** (A 4.62/2:69 f), SD 2.2. On the best benefits of wealth, see **Ādiya S** (A 5.41/3:45 f), SD 2.1.

¹¹ See **Right livelihood**, SD 37.8. On financial management, see SD 4.1 (4).

¹² On conceit, see "Me," The nature of conceit, SD 19.2a.

¹³ On <u>narcissism</u>, see **"Me," The nature of conceit**, SD 19.2a(4). The sense of being above society and the law: see "Inside the criminal mind," Straits Times (Singapore) 4 Oct 2010 (B5).

- (1) we apply wisdom, that is, a practical knowledge that brings the best out of everyone;
- (2) we are industrious in our efforts, especially in accepting responsibility for our actions, and rectifying any mistakes as soon we are aware of them;
- (3) we are blameless in our actions, that is we have done what is right and proper within our power; and
- (4) we are on good terms with others, willing to accept and forgive others, where it is right and proper.

[It is worth discussing with your students or colleagues, which of these 4 "powers" would apply best to this situation and how.]

It is useful to remember that our reputation is often how others perceive us. Often enough, what we see as our "reputation" is simply how we perceive ourselves. To be a true individual, we must be able to rise above both, as see ourselves as we truly are, and be emotionally independent.¹⁴

3.3 The nervous fear before an assembly [§9(3)]

It is said that if we habitually do bad things we would be nervous before a crowd. Harping opn our weaknesses, too, may have prevent us from being confident before others. In short, if we let our memories of past failures weigh us down, we will easily lose self-confidence. Or, it could simply be a lack of experience: then, we should begin with speaking before a small group of people we are comfortable with.

The word for "nervous" here is *sārajja*, and its opposite is *vesārajja*, "moral courage, intrepidity." We need moral courage to speak out against an injustice or harmful situation or impending social problem or any issue we need to address, we could reflect on what the (Saṅgaha) Bala Sutta has to say here. We can overcome our nervousness before the crowd by <u>cultivating wisdom</u>, <u>energy</u>, <u>blamelessness</u>, <u>and conciliation</u>, that is,

- (1) Learn what is useful for effective public speaking and how to gain inner calm before others.
- (2) Practise speaking, say, before a life-size mirror or helpful friends, or record your efforts, and then review our efforts, correct our mistakes and better ourselves.
- (3) If we have good intentions, we would be moved by the Dharma, so that we would naturally overcome such difficulties, and would be effective in our presentation.
- (4) When we speak before the public, we must address them with lovingkindness, and address their strengths so that they have a good sense of what they can do.

[It is worth discussing with your students or colleagues, which of these 4 "powers" would apply best to a particular situation, say nervousness, and how it does so.]

3.4 The fear of death [§9(4)]

If we are habitually attracted to or indulge in sense-pleasures without regard for mental or personal cultivation, we are very likely to have a fear of death. Indeed, we would not feel comfortable discussing the subject. The best antidote to the fear of death is to truly *love* ourselves, and show that same love to others, and to love life as a whole. Living well is the best preparation for dying well. In short, this is *a life of lovingkindness*.¹⁶

¹⁴ See **Emotional independence**, SD 40a.8.

¹⁵ On sārajja and vesārajja, see **Piņḍolya S** (S 22.80) @ SD 28.9a(3).

¹⁶ See (Aṭṭha) Mettânisaṁsa S (A 8.14/4:150 f), SD 30.6. On guiding the dying mind for high rebirth, see (Mahā,-nāma) Gilayāna S (S 55.54/5:408-410), SD 4.10.

Following the teachings of the (Sangaha) Bala Sutta, we can overcome our fear of death by cultivating wisdom, energy, blamelessness, and conciliation, thus:

- (1) learn all we can about the nature the mind and body, especially the teachings on the 5 aggregates;¹⁷
- (2) make regular effort in cultivating the mind, especially the breath meditation;¹⁸
- (3) lead a blameless life based on moral virtue (keeping the precepts);¹⁹ and
- (4) cultivate lovingkindness habitually to all beings (even animals and plants),²⁰ especially falling asleep with lovingkindness, and waking with it, too, so that this constant inner joy.²¹

[It is worth discussing with your students or colleagues, which of these 4 "powers" would apply best to this situation and how.]

3.5 The fear of a bad destiny [§9(5)]

Insufficient knowledge, false information or ignorance about the after-life could cause unnecessary worries and concern about what will happen to us after death. We should immediately avoid unhealthy "eternalist" religious teachings about eternal hell and eternal heaven. The first point we there is nothing permanent in the universe or anywhere else: whatever exists must exist in impermanence. Although some existential states, such as heavenly realms, may last for a very long time, even many world cycles, they are still impermanent. They all exist in time.

In Buddhist terms, we create our own heaven, our own hell, by our own habitual actions and wrong views. Following the teachings of the (Sangaha) Bala Sutta, we can overcome our fear of a bad destiny by cultivating wisdom, energy, blamelessness, and conciliation, so that their powers will benefit us thus:

- (1) we understand that this body-mind we bear is impermanent, and as such, it has no essence or soul: hence, we reject the self-identity view;²²
- (2) make every effort to lead a blameless life based on moral virtue (keeping the precepts);²³ and
- (3) cultivate breath meditation to purify and calm our mind calm especially during the last moments.²⁴
- (4) readily forgive others—let go of the dark and dead past—so that we have constant inner joy that acts as a wholesome karmic momentum during the last moments of life;²⁵

[It is worth discussing with your students or colleagues, which of these 4 "powers" would apply best to this situation and how.]

3.6 Love overcomes fear

These 5 fears are those of a worldly person, more concerned with mundane happiness than with personal or spiritual progress. This is not to say that these fears are unreal, but that they assume an unreal dimension if we lack spirituality. Clearly, we should show wise concern regarding how we are supporting ourselves (living a balanced life, in keeping with our spirituality and the benefit of others), our

¹⁷ For a detailed study of the 5 aggregates (pañca-k,khandha), see SD 17.1-8 (incl the nature of consciousness).

¹⁸ On how breath meditation helps us die mindfully, see the closing of **Mahā Rāhul'ovāda S** (M 62,30/1:426), SD

^{3.11.} On meditation (theory), see Meditation & consciousness, SD 17.8c; practical aspects, see Bhāvanā, SD 15.1.

¹⁹ On using moral virtue as practice and meditation, see *Sīlânussati*, SD 15.11.

²⁰ See **Sama,jīvi S** (A 4.55/2:61 f), SD 5.1; **Mahā,parinibbāna S** (D 16.1.11/2:81 f), SD 9.

²¹ See **Sama,jīvi S** (A 4.55/2:61 f), SD 5.1; **Mahā,parinibbāna S** (D 16.1.11/2:81 f), SD 9.

²² On the self-identity view (sakkāya,diṭṭhi), see **Anusaya**, SD 31.3(5).

²³ On using moral virtue as practice and meditation, see *Sīlânussati*, SD 15.11.

²⁴ See Mahā Rāhul'ovāda S (M 62,30), SD 3.11.

²⁵ On <u>lovingkindness</u> for the dying, see **(Karaja,kāya) Brahmavihāra S** (A 10.28/5:299-301), SD 2.10.

reputation (how we are cultivating moral virtue), our social and moral courage, our concern with the present, and our spiritual confidence of awakening to true reality and bliss.

(Sangaha) Bala Sutta

The Discourse on the Powers (in Connection with Welfare)

A 9.5

The 4 powers

[363]

Bhikshus, there are these 4 powers. What are the four?

2 (1) The power of wisdom; paññā,bala.
(2) The power of energy; viriya,bala.
(3) The power of blamelessness; anavajja,bala.
(4) The power of welfare. saṅaaha,bala.

(1) And what, bhikshus, is the power of wisdom (paññā,bala)?²⁶

3	As to those things that are unwholesome	and regarded as unwholesome, ²⁷
	to those things that are wholesome	and regarded as wholesome;
	to those things that are blameworthy	and regarded as blameworthy,
	to those things that are blameless	and regarded as blameless;
	to those things that are dark	and regarded as dark;
	to those things that are bright	and regarded as bright;
	to those things that are what one should not practise	and regarded so;
	to those things that are what one should practise	and regarded so;
	to those things that are unworthy of the noble ones	and regarded so;
	to those things that are worthy of the noble ones	and regarded so—

having clearly seen²⁸ them, having fully (mentally) investigated ²⁹ them—

This, bhikshus, is called the power of wisdom.

²⁶ Here I follow **Ce Ee** reading which has a harmonious sequence. **Be** *Ye dhammā kusalā kusala,saṅkhātā ye dhammā akusalā akusala,saṅkhātā*; *ye dhammā sāvajjā sāvajjasaṅkhātā*; *ye dhammā anavajjā anavajjā anavajjā saṅkhātā*; *ye dhammā kaṇhā kaṇhā*,*saṅkhātā*; *ye dhammā sevitabbā sevitabba*,*saṅkhātā*; *ye dhammā asevitabbā asevitabba*,*saṅkhātā*; *ye dhammā nâlam-ariyā nâlam-ariya*,*saṅkhātā*; *ye dhammā alam-ariya*,*saṅkhātā*: *ty-assa dhammā paññāya vodiṭṭhā honti vocaritā*. **Se** has the underscored lines reversed (ie *ye dhammā asevitabbā* comes first). The sentence flow here is uneven, while Ce Ee give a smooth reading.

²⁷ Be reverses this first pair of lines, and the next pair, too. Here I follow Ee.

²⁸ "Having clearly seen," *vodittha* (fr *vi + ava + dittha*).

²⁹ "Having fully (mentally) investigated them," vocarita (fr vi + ocarita).

(2) And what, bhikshus, is **the power of energy** (*viriya,bala*)?

4 As to those things that are <u>unwholesome</u> and regarded as unwholesome, those things that are blameworthy and regarded as blameworthy;

those things that are dark and regarded as dark; those things that are what one should not practise those things that are unworthy of the noble ones and regarded so—

he brings forth the desire, makes the effort, rouses the energy, exerts and directs his mind towards the abandoning of these states.

4.2 As to those things that are wholesome and regarded as wholesome,

those things that are blameless and regarded as blameless; those things that are bright and regarded as bright; those things that are what one should practise and regarded so;

those things that are worthy of the noble ones and regarded so;

he brings forth the desire, makes the effort, rouses the energy, exerts and directs his mind towards the winning of these states—

This, bhikshus, is called the power of energy.

(3) And what, bhikshus, is the power of blamelessness (anavajja,bala)?

5 Here, bhikshus, a noble disciple is

blameless in his deeds,

blameless in his words,

blameless in his thoughts—

This, bhikshus, is called the power of blamelessness.

The 4 bases of welfare

5.2 (4) And what, bhikshus, is the power of welfare (saṅgaha,bala)?

6 Bhikshus, there are these 4 bases of welfare, namely:³⁰

(1) generosity [giving],dāna(2) pleasant speech,piya,vācā(3) beneficent conduct,attha,cariyā(4) impartiality [freedom from bias].samān'attatā

- (1) The foremost of gifts (dāna), bhikshus, is the gift of the Dharma. 31
- (2) The foremost of **pleasant speech** ($piya, v\bar{a}c\bar{a}$), bhikshus, is <u>teaching the Dharma</u> again and again to those who are desirous of it and listen attentively.³²
 - (3) The foremost of **beneficent conduct** ($attha, cariy\bar{a}$), bhikshus, is³³

³⁰ These are the 4 conditions ($d\bar{a}na$, peyya, vajja, attha, cariya, $sam\bar{a}n'attat\bar{a}$) for the integration of a group or of society, or consolidating friendship, partnership and unity (D 3:152, 232; A 2:32, 248, 4:218, 363). Hatthaka of \bar{A} |avī is declared by the Buddha to be the foremost amongst the laity who has a following through the 4 bases of conciliation (sangaha, vatthu) (A 1:26). See (1.2.1). See \bar{A} |avaka S (A 3.34/1:136-138), SD 4.8.

³¹ This sentence is clearly the root of Dh 354a.

³² Etad-aqqam, bhikkhave, peyya,vajjānam yad-idam atthikassa ohita,sotassa punappunam dhammam deseti.

³³ The foll <u>4 qualities</u>—faith, moral virtue, charity and wisdom—are, in fact, <u>the conditions for spiritual welfare</u>: see **Dīgha,jānu S** (A 8.54,10-15/4:284 f), SD 5.10. They are also an abridgement of **the 7 noble treasures** (*ariya,-dhana*): faith, moral virtue, moral shame (*hiri*), moral fear (*ottappa*), great learning (*bāhu,sacca*), charity, wisdom (D 3:163, 267; A 4:5), so called because they are *spiritual treasures* that, unlike material wealth, cannot be lost.

to rouse, instill, establish³⁴ faith (saddhā) in the faithless: to rouse, instill, establish moral virtue (sīla) in the immoral; in the miser: to rouse, instill, establish charity (cāga) to rouse, instill, establish wisdom (paññā) in the foolish [the ignorant].

(4) The foremost of **compatibility** (samān'attatā),³⁵ bhikshus, is that between a streamwinner and a streamwinner, that between a once-returner and a once-returner, that between a non-returner and a non-returner, that between an arhat and an arhat.³⁶

This, bhikshus, is called the power of welfare.

These, bhikshus, are the 4 powers.³⁷

The 5 fears

- **7** Bhikshus, the noble disciple accomplished in these 4 powers overcomes 5 fears. What are the five?
 - 8 (1) The fear of livelihood,
 - (2) the fear of disrepute,
 - (3) the fear of nervousness before an assembly, [365]
 - (4) the fear of death,
 - (5) the fear of a bad destiny [rebirth].

Such a noble disciple will consider thus:

9 (1) "I have no fear for my **livelihood**. Why should I fear for my livelihood?

I have the 4 powers: the power of wisdom, the power of energy, the power of blamelessness, the power of welfare.

The foolish should fear for his livelihood;

Moral shame and moral fear are what motivate us to cultivate <u>moral virtue</u>: as such, they can be included in moral virtue. Great learning leads to and support <u>wisdom</u>. Charity can be subsumed under any of the other three qualities (faith, moral virtue, wisdom) or all of them. These noble treasures are also called "the virtues of great assistance" (bahu,kāra dhamma) (D 3:282) since they provide one with the tools for personal development and for people-helping. In **Dīgha,jānu S** (A 8.54) lists spiritual friendship as one of the 4 accomplishments (sampadā), the conditions for happiness here and now (ie diligence, watchfulness, spiritual friendship and balanced livelihood); and these 4 qualities: faith, moral virtue, charity and wisdom are the characteristics of a kalyāṇa,mitta (§6), and which are also the 4 accomplishments, the conditions for future happiness (§10-15) (A 8.54/4:284 f), SD 5.10. See also **Spiritual friendship**, SD 34.1 (4.1).

³⁴ Samādapeti niveseti patiṭṭḥāpeti (caus pres): see (Ānanda) Subha S (D 10,1.6.1/1:205) n, SD 40a.13.

³⁵ Simply, <u>compatibility</u> refers to a "full knowledge" one has of another, ie, an arhat knows another arhat best, or he can know other of the other 3 kinds of saints; and so on. Technically, this saintly "compatibility" implies <u>impartiality</u> (freedom from biases), ie, the lack of <u>the 4 biases</u> (<u>āgati</u>), ie, greed, hate, delusion and fear (V 1:339; Vism 22.55/683). They are called "motives" (<u>thāna</u>) in **Sigāl'ovāda S** (D 31,5-6/3:182), SD 4.1. On saintly <u>compatibility</u>, see SD 54.5 (1.2.1.2).

³⁶A good example of this impartiality amongst the saints is that of Anuruddha and his companions Nandiya and Kimbila as recorded in **Upakkilesa S** (M 128) where Anuruddha, after saying that he shows lovingkindness in deed, speech and thought to them, declares to the Buddha: "Bhante, here I think thus: 'Why should I not set aside what I wish to do and instead do what these venerables wish to do. It seems, bhante, that we are of different bodies but of one mind!" (M 128,12.1/3:156), SD 5.18 §12a.

³⁷ See also **Ariya Dhana S 2** (A 7.6) @ SD 37.6 (1.2.5).

the lazy should fear for his livelihood;

the one of blameworthy deeds, words and thoughts should fear for his livelihood; the one showing no welfare should fear for his livelihood.

(2) I have no fear of disrepute. Why should I fear disrepute?

I have the 4 powers: the power of wisdom, the power of energy, the power of blamelessness, the power of welfare.

The foolish should fear disrepute;

the lazy should fear disrepute;

the one of blameworthy deeds, words and thoughts should fear disrepute; $\label{eq:condition}$

the one showing no welfare should fear disrepute.

(3) I have no fear of **nervousness before an assembly**. Why should I fear nervousness before an assembly?

I have the 4 powers: the power of wisdom, the power of energy, the power of blamelessness, the power of welfare.

The foolish should fear nervousness before an assembly;

the lazy should fear nervousness before an assembly;

the one of blameworthy deeds, words and thoughts should fear nervousness before an assembly;

the one showing no welfare should fear nervousness before an assembly.

(4) I have no fear of death. Why should I fear death?

I have the 4 powers: the power of wisdom, the power of energy, the power of blamelessness, the power of welfare.

The foolish should fear death;

the lazy should fear death;

the one of blameworthy deeds, words and thoughts should fear death; one showing no welfare should fear death.

(5) I have no fear of a bad destiny. Why should I fear a bad destiny?

I have the 4 powers: the power of wisdom, the power of energy, the power of blamelessness, the power of welfare.

The foolish should fear a bad destiny;

the lazy should fear a bad destiny;

the one of blameworthy deeds, words and thoughts should fear a bad destiny;

one showing no welfare should fear a bad destiny.

Bhikshus, the noble disciple accomplished in these powers have overcome the 5 fears.

— evaṁ —

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