2 Kisā Gotamī

(a) Kisā Gotamī Sutta, The Kisā Gotamī Discourse | S 5.3
(b) Kisā Gotamī Therī,gāthā, The Verses of the Elder Nun Kisā Gotamī | Thī 213-223
(c) *Kisā Gotamī Therī Vatthu, The Story of the Elder Nun Kisā Gotamī | AA 1:377-380
(d) Kisā Gotamī Vatthu, The Story of Kisā Gotamī | Dha 8.13 + 20.11

Theme: An early case of a psychological defence of denial
Translated & annotated by Piya Tan ©2007, 2013


1 Sutta notes

1.1 VERSIONS OF THE STORY

Our hurt starts to heal with a positive mental attitude of lovingkindness to ourself and to the perceived “oppressor,” be it a person (ourself or other) or a situation. It is important to try to understand the “oppressor”: why he or she or it is “oppressive,” and do something positive about it.1 We have to work towards some level of self-wisdom to do this.

The story of Kisā Gotamī (lean Gotamī) is very popular among followers of early Buddhism, especially the Theravāda. There are 4 versions of her story in the Commentaries—one in the Anguttara Commentary,2 one in the Therī,gāthā Commentary;3 the 3rd in the Saṁyutta Commentary4 (the shortest and least known), and the 4th (the best known) in the Dhammapada Commentary.5 They all differ in some important details but most of them centre on the same 2 closing verses. In all 4 versions, Gotamī is said to undergo protracted psychological denial over the loss of her only child.

1.2 KISĀ GOTAMI, being lean (kisā) in a society that extols fleshiness in womanly beauty, finds difficulty in being accepted in marriage. Once married, she seeks to win her status in her new family by having a child. When she loses her only child after a long-awaited pregnancy, she falls into the rut of denial, wandering about in search of a cure for her dead child. She meets the Buddha who tells her to find some mustard seeds from a house that has known no death. As she goes from house to house throughout the city, the message of impermanence and death is echoed and re-echoed into her being. She returns a sane convert to the Buddha and is ordained into the order.6

1 See eg Thich Nhat Hanh’s poem “Please Call Me By My True Names” (in Peace is Every Step, London, 1991:123 f.)
2 AA 1:377-380.
3 Thī 174-182.
4 SA 1:190 f. Interestingly, the short version has a couple of worldly (Chaucerian) details in connection with Gotamī and the landowner’s son.
A vital theme that runs through all versions of these Kīsa Gotamī stories is her walk in search of a handful of mustard seeds that would revive her dead son. This action represents a spiritual movement away from her old suffering self towards a new liberated self. We see a similar movement in the Buddha’s conversion of Āngulimālā, where he runs after the Buddha to kill him, but he could not catch up with the Buddha until he calls out to the Buddha. The ensuing dialogue marks the spiritual turning-point in Āngulimālā’s life.  

1.3 Commentarial accounts

1.3.1 The Āṅguttara Commentary story has more hagiographical details (such as her past life in Padum’uttara Buddha’s time). The Therī,gāthā Commentary text is the longest, containing her Therī,gāthā and Apadāna texts, and their glosses. The narrative itself is about as short as the Sāriyutta version, which is the shortest account on Kīsa Gotamī. The Dhammapada Commentary version is the most secular of the accounts and has the longest narrative, with the best-known ending, relating how Gotamī gains awakening by reflecting on the lamp-flames. [2.4]

1.3.2 The first three (AA, Thī, Ā) are the works of Buddhaghosa, while the last (DhA) is of unconfirmed authorship but attributed to one Culla Buddhaghosa (Deutero Buddhaghosa). In either case, it is said that they were translated into Pali from the ancient Sinhala Commentaries (aṭṭhakathā), which were, in turn, said to be records of earlier traditions brought by the arhat Mahinda (Asoka’s son) from India.

1.3.3 Comparing the Kīsa Gotamī stories from the Āṅguttara Commentary and the Dhammapada Commentary, such as in their respective styles, strongly suggests that the two Commentaries were authored by different individuals, or that the Dhammapada Commentary had more than one author. It is also possible that the DhA version was recorded in Sri Lanka around the 5th century.

2 Flooding

2.1 “Flooding,” in Buddhist terms, is a therapeutic procedure in behaviour therapy in which a patient is confronted with what he fears or has trouble with, either imagined or real, under safe circumstances. Through controlled exposure, the client eventually becomes habituated to it, and the initial fear respons-

7 Āṅgulimālā S (M 86.5/2:98 f), SD 5.11.
10 In his Intro to Samanta,pāsādikā (Vinaya Commentary), Buddhaghosa says that he not only translated the Commentaries of the Mahāvihāra from the Sinhala, but compared them with the Comys of other monasteries, abbreviated and freely revised them. Burlingame (Journal of the American Oriental Society, 38 1918:267 f) says that the tradition according to which the Aṭṭhakathā were tr from Pali into Sinhala, and back again into Pali by Buddhaghosa and others, is “unreliable and misleading,” because Buddhaghosa and the compiler of DhA availed themselves of common Pali originals though independently of each other, and because both Dhammapāla and the compiler of JA copied from Buddhaghosa’s Comys. “Nevertheless, it is possible, indeed probable, that the 5th century translators, though translating from the Sinhalese, used available Pāli texts as well (eg of legends and tales)” (Winternitz, 1933: 190 n4).
11 See Oskar von Hinuber, A Handbook of Pali Literature, 1996: §§262-269. Winternitz remarks that “the legend proves itself genuinely Indian, owing to the fact that it belongs to the type of ‘consolatory stories’ so familiar to us” (1933:193).
es or difficulties gradually diminish and disappear. As such, it is a form of exposure therapy. In view of this, flooding as a psychotherapeutic technique is never taken lightly, as it might backfire if the therapist is unable to effectively guide the client, or does not clearly understand the client’s mind works. The Buddha, however, knows exactly what he is doing because of his mind-reading powers.

Just as the Buddha heals Gotamī by making her face true reality through her own actions, a modern psychotherapist might use flooding to uncover the realities of her fixation on the dead child. In other words, before a client can abandon a fixation, he must first realize that it is a fixation. It is easier to deal with what we can actually see beyond any reasonable doubt.

2.2 For the sake of healing Kisā Gotamī, the Buddha instructs her to get a handful of mustard seeds. This is a very easy task which would help to take her mind away from being fixated on the negative idea of loss. The mustard seeds, however, must come from a house where no one has died. This is very unlikely, as families in the Buddha’s time were, as a rule, extended families, and as such would certainly have experienced some deaths at some time. The therapy here is to reinforce the notion of true reality upon Gotamī that death is real and universal—and that she is not the only one with such a loss. This is a very practical example of the Buddhist healing notion of “disowning the pain.” Gotamī is unable to see the true reality of death and loss because she is deeply attached to her only child. She has invested all her emotions and hopes in the child whom she tragically and totally loses. This is like having the rug pulled away from under her feet, resulting in her falling from normality into a profound state of delusion—which makes her think that the child is only “sick,” and can somehow be healed.

2.3 This is the kind of painful reality that false religions and dissolute charlatans often exploit. Wrong advice and false consolation can also come from those who are devoted to an external agency (such as a God-idea) or magical beliefs, sublimating the victim’s delusion and suffering, that is, unsolved, if not aggravated.

What the Buddha instructs Gotamī to do is effectively a self-therapy or personal healing. The Buddha only gives the instructions or prescription, but Gotamī herself undergoes the process of self-knowing and self-healing—coming to terms with herself—through her own efforts. Since the gloom and pain are self-inflicted, it is the self that can and must work with itself. This is the nature of the mind.

2.4 Sequence of texts

2.4.1 This chapter on Kisā Gotamī begins with two canonical texts, one from the Saṁyutta, the other from the Therī,gāthā. These are followed by two versions of her story based on the Commentaries on the Aṅguttara, the Saṁyutta, the Therī,gāthā and the Dhammapada. The first story is a composite of related and overlapping accounts from various commentaries, and the second is the well-known version from the Dhammapada Commentary stories.

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13 Such as ACT (Acceptance and Commitment Therapy): see SD 43.1: The ACT therapeutic process.
14 See Sall’atthena S (S 36.6/4:207-210), SD 5.5 (The 2 kinds of pains), & SD 26.9 (4.1.2); also Piya Tan, Reflection, “Don’t own the pain,” R122 2010.
15 Sublimation is also one of the unconscious defence mechanisms, which prevents us from dealing directly with the real problem, giving only some kind of momentary “defence,” which may, in turn, lead to other difficulties. Sublimation is a rare defence that can also function positively, when it is channelled towards wholesome ends, such as a habitually violent person joins the police force to fight violent crime. See Khalunika S (A 8.14/4:190-195), SD 7.9; also SD 24.10b (2).
2.4.2 The first canonical text is the Kisā Gotamī Sutta (S 5.3), detailing how she defeats Māra who appears to distract her from her meditation [SD 43.2a]. This account shows her as an arhat nun who has “gotten past the death of sons”; hence, she fears not Māra.

2.4.3 Then follows the second canonical text, the Kisā Gotamī Therī,gāthā (Thī 212-223), where the arhat Gotamī recounts her spiritual life up to her full awakening. This gives the gist of her personal loss and suffering, and how she overcomes them. [SD 43.2b]

2.4.4 The third text—the Kisā Gotamī Therī Vatthu—“the story of the nun Kisā Gotamī,” is a composite of commentarial accounts, with canonical verses from a late hagiographical biographical work on the saints, the Apadāna, forming an integrated account of her lay life. Some details, not mentioned in the main texts of the re-telling here, are found in the foot-notes at relevant points. [SD 43.2c]

2.4.5 The fourth and last text is the Kisā Gotamī Vatthu, “the story of Kisā Gotamī,” which combines the two Dhammapada Commentary accounts into a single story. This contains the Kisā Gotamī story we are most familiar with which is based on Dhammapada 114. [SD 43.2d]

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The Kisā Gotamī Sutta
The Kisā Gotamī Discourse | S 5.3/1:129 f
Theme: Gotamī overcomes Māra

1 Originating in Sāvatthī.
   Then, in the morning, the nun Kisā Gotamī dressed and, taking her bowl and robe, entered Sāvatthī for alms.  

2 When she had gone on her almsround in Sāvatthī and returned from it, [130] after her meal, she went to the Andha,vana for the day rest.
   Having plunged into the Andha,vana [Blind Men’s Forest], she sat down at the foot of a tree for the day rest.

3 Then, Māra the evil one, desiring to arouse fear, terror [quaking] and horror [horripilation], desiring to make her fall away from concentration, approached the nun Kisā Gotamī.
   Having approached the nun Kisā Gotamī, he said this to her:

   525  Kiṁ nu tvāṁ hata, puttā va ekam āsi rudam, mukhī  Why now, when your son is dead, do you sit here alone with tearful face?  

16 Comy here recounts the well-known story of her search for the mustard seeds she thought would “revive” her dead son (SA 1:190 f), told in greater detail in AA 1:377; DhA 8.13/2:270-275 & 20.11/3:431-434; ThīA 174-182.

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vanam ajhoghatā ekā
purisam nu gavesasī

Having entered the woods all alone,
Are you on the lookout for a man?

4 Then, it occurred to the nun Kisā Gotamī, “Now who is this that uttered the verse? Is it a human or a non-human?”

5 Then, it occurred to the nun Kisā Gotamī, “It is this Māra the evil one. He has uttered the verse, desiring to arouse fear, terror [quaking] and horror [horripilation], desiring to make me fall away from concentration!”

6 Then, the nun Gotamī, knowing that it is Māra the evil one, addressed him in verse:18

526 Accantaṁ hata,puttāmhi
purisā etad antikā
na socāmi na rodāmi
na tāṁ bhāyāmi āvuso

I have gotten past the death of sons; with this, the search for men has ended. I do not sorrow, I do not weep, nor do I fear you, friend.

527 Sabbattha vihatā nandi
tamo-k,khandho padālito
jetvāna maccuno senam
viharāmi anāsavāti

Destroyed is delight everywhere, split apart is the mass of darkness, having conquered Māra’s army, I dwell influx-free.

7 Then, Māra the evil one, realizing, “The nun Kisā Gotamī knows me!” sad and disappointed, disappeared right there.

— evaṁ —

Here, in S 526, Gotamī puns on the expression “gotten past the death of sons.” First, she accepts her child’s death; thus, ending her mourning. Having understood the Dharma, she has no further need of a son; hence, she has no more fear of losing one. Thus she lives fearless of Māra.

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17 It is unlikely that Kisā Gotamī is really weeping, as she is now an arhat. Clearly, Māra is here teasing her, or recalling her sad past. In fact, this whole episode of Māra’s intrusion can be understood as a lesson in Gotamī’s past replaying itself in her mind’s eye, and how she, as an arhat, responds—for our benefit today.

18 Cf Thī 213-223, but they do not correspond.
Kisā Gotamī Therī,.oggāthā  

The Verses of the Elder Nun Kisā Gotamī | Thi 213-223

**SD 43.2b**

213 *Kalyāṇa,mittatā muninā lokam ādissa vannitā, kalyāṇa,mitte bhajamāno api bālo paṇḍito assa*  

Spiritual friendship\(^{19}\) has been praised [explained] by the sage in regard to the world: resorting to spiritual friends even the foolish would be wise.\(^{20}\)

214 *Bhajitabbā sappurisā paṇītā tathā vaḍdhati\(^{22}\) bhajato nam,\(^{23}\) bhajamāno [ ]\(^{24}\) sappurise sabbhepi dukkhehi pamucceyya.\(^{25}\)*  

True individuals are to be associated with,\(^{21}\) associating thus, wisdom grows in him. Resorting to true individuals, one would be freed from all sufferings.

215 *Dukkhaṅ ca\(^{26}\) vijāneyya dukkhasa ca samudayaṁ nirodham\(^{27}\) Aṭṭhanikānaṁ ka maggam cattāri’pi ariya,saccāni [ca]\(^{28}\)*  

One should know suffering, and suffering’s arising, and its ending, and the eightfold path—and the four noble truths, too.\(^{29}\) \[144\]

[Spoken by a yakshini:]\(^{30}\)

216 *Dukkho itthi, bhāvo akkhāto purisa,damma,sārathinā,*  

Being a woman has been said to be painful by the carvan leader of persons to be tamed.\(^{31}\)

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\(^{19}\) Comy takes this as a bahuvrīhi: “the state of having a spiritual friend” (ThaA 177). In full: “a spiritual friend, good companion, good comrade” (kalyāṇa,mitta kalyāṇa,saḥāya kalyāṇa,sampavaṇka): D 33,3(1)/3:267 (the 10 nātha,karaṇa,dhamma), 34,2.3(1)/3:290 (the 10 bahu,kāraṇa,dhamma); S 3,4,7/1:83, 3,18,5+6+10+11/1:87 f, 45,2,4+5/2 f, 45,3,3-5/5:3 f; A 3,27/1:127, 5,47,2/3:422, 8,54,9/4:284, 8,55,9/4:288, 8,57,2/4:290, 9,1,3+58/5:351-353, 9,3,13/4:357 f, 10,17,4/5:24 (dhamma nātha,karaṇa), 10,18,4/5:26 (dhamma nātha,karaṇa), 10,50,4/5:90, 10,97,4/5:199, 11,15,4/5:338, 11,15,13/5:341; U 4,1/36 f; Pug 3,14/37. On spiritual friendship (kalyāṇa,mittatā), see Spiritual friendship, SD 34.1; on its accomplishment (sampaadā), see SD 4.1 (4.2.1) & Digha,ṇūna S (A 8.54), SD 5.10. On the 5 conditions for spiritual maturity (pañca dhamma paripakkāya), see Mehiya S (A 9.3 = U 4.1) & SD 34.2 (2.1.1).

\(^{20}\) On the 3 sentiments of this verse, cf Thi 75c.

\(^{21}\) Cf Mahā Maṅgala S (Sn 2.4 = Khp 5): “Associating with the wise ... this is a supreme blessing” (panditānaṁ ca sevanā ... etam maṅgalam uttamam) (Sn 2.4/258-269/46 f = Khp 5/2 f). Here paṇḍita is clearly a synonym for sappurisa. On the true individual (sappurisa), see Sappurisa S (M 113), SD 29.6 & Bāla Paṇḍita S (M 129,27-50), SD 2.22; see also D 33,2.6(6)/3:252, 34,1.8(7)/3:283; M 110,14-24/3:23 f; A 7,64/4:113, 8,38/4:144.

\(^{22}\) Be Ce so; Ee pavaddhati. On philological n, see Tha:N 100 n214.

\(^{23}\) Be Ce so; Bhajantānām; Ce so.

\(^{24}\) Only Se adds koci khattiyādiko, “such as any kshatriya ... “.

\(^{25}\) Be Ce so; Ee mucceyya; Ke Se c’eva mocaye: see Tha:Ed L Alsford, App II 1966:238 fn.

\(^{26}\) Be Ce Ee so; Se dukkhāṅ c’eva.

\(^{27}\) This and next lines:

\(^{28}\) Be Ce so; Ee cattāri ariya,saccāni; Se has ca.

\(^{29}\) Alt tr: These are the four noble truths, too.

\(^{30}\) Comy says that a yakshini (female nature spirit), recalling her sufferings in previous existences, spoke these 2 verses (ThiA 178).

\(^{31}\) More fully, “peerless guide of persons to be tamed” (anuttaro purisa,damma,sārathī), the 6th of the Buddha’s 9 qualities (eg S 1:219,31): see Buddhānussatti, SD 15.7 esp (3.6).

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Sapattikam pi [hi]32 dukkham
appekaccā33 sakīṁ vijāţāyo

Being a co-wife, too, is suffering:
some, having given birth but once,

Galake34 api kantant35
sukhumālīniyo visāni khādant3,
Jana,māraka,maiţha,gatā36
ubho’pi vyasānāni anubhonti

even slit their throats;
the delicate women take poisons. 
Those who have entered the womb are people- killers.37
Both38 meet with disasters, too.

[The elder nun Kisā Gotamī, quoting the elder nun Paṭācārā:]39

Upavijaţnā gacchanti
addasāhaṁ potiṁ matoṁ
Panthaṁ hi vijāyitvāna
appattā’va sakāṁ gharam40

While walking, about to give birth,
my husband dead saw I, 
having given birth on a path,
not even reached my own house.

Dve puttā kāla,katā
poti ca panthe mato kapanikāya,
Mātā pitā ca bhātā
dayhanti ca eka,cita,kāyaṁ

Two sons dead, and
my husband miserably dead, too, on the path.
Mother, father and brother, too,
were burning on the same pyre.

[The elder nun Kisā Gotamī, recalling the sufferings of Paṭācārā:]41

Khīṇa,kuline42 kapanē
anubhūtam te dukkham44 aparimānām
Assu ca te pavattam [hi]45
bahūni jāti,saḥassāni

O miserable woman,43 with family destroyed, 
you’ve suffered immeasurable pain!
And your tears had fallen
for many thousands of births!46

32 Be Ee Se sapattikam pi hi; Ce omits hi.
33 Lines cd: Be Ce so. Ee nirodhaṁ ca aṭṭhaṁgika maggam; Se nirodh’āṭṭhaṁgika, maggam.
34 Be Ce so; Ee gale.
35 Be Ce api kantanti; Ee Se apakantanti.
36 Comy resolves this as –māraka,maiţha,gatā, “the killer that has entered the middle (the womb),” but it can also be resolved as –mārakam-ajjha,gatā, “the killer that has entered into ... ” Jana,māraka, “people-killer” refers to defilements (kilesa) (ThāA 178).
37 Comy: A wrongly positioned foetus, eg, would kill the woman; hence, the foetus is a killer of womankind (ThāA 178).
38 Comy says that “both” here refers to the foetus and the pregnant woman. Some say that defilements (kilesa) are the “killers” and the “two” are the mother and father, who on account of their fever of passions would continue falling into suffering states, which prob refers to post-natal depression (ThāA 178). It is also possible that “both” here also refers to the 2 kinds of suicides (Thi:N 101).
39 Comy notes that these 2 verses refer to Paṭācārā, when she is unhinged by grief, and these verses were spoken by her to show the dangers of womanhood: this also reflects Gotamī’s own condition (ThāA 178 f). For Paṭācārā’s verses, see Thi 112-116 (SD 43.3).
40 Be Ce so; Ee Se gehan.
41 ThiA 178. It is interesting to see how Kisā Gotamī recites what appear to be Paṭācārā’s verses, but none of them are found in Paṭācārā Thī. This shows that the events of Paṭācārā’s tragedy occur before those Kisā Gotamī, and that Gotamī is a monastic junior to Paṭācārā.
42 Ee so; Be Ce Se khīṇa,kulamhi.
43 Here Kisā Gotamī is addressing herself in a soliloquy.
44 Be dukkham; Ce Ee Se so.
45 Only in Se.

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221  Vasitā passim susāṇa,majjhe⁴⁷  
      atho’pi khāditāni putta,maṁsāni  
      Hata,kulikā⁵⁰ sabha,garahitā  
      mata,patikā amatam adhiṣaṅgacchi  
      Living in the heart of a charnel ground I saw,⁴⁸  
      then, my own sons’ flesh devoured.⁴⁹
      With family destroyed, despised by all,  
      husband dead, I gained the death-free!⁵¹

222  Bhāvito me maggo  
      ariyo atthaṅgi⁵² amata,gāmi.⁵³  
      Nibbānam sacchi,katam  
      dhamm’ādāsam apeekhi’ham⁵⁴  
      Cultivated by me is the path  
      noble and eightfold, leading to the death-free.  
      nirvana has been realized!  
      I’ve looked into the Dharma mirror.

223  Aham-amhi kanta,sallā  
      ohita,bhārā katam hi⁵⁵ karaniyam,  
      Kisā gotami⁵⁶ therī  
      suvimutta,cittā⁵⁷ imam bhaṇīti⁵⁸  
      I’ve removed my dart,  
      laid down the burden, done what is to be done.  
      The elder nun Kisā Gotamī,  
      with well-liberated mind, said this.

— evaṁ —

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⁴⁶ For the idea of tears being shed for thousands of births, see Tha 495-497 and cf Anamatagga Saṁy (S 15/-2:178-193).
⁴⁷ Be Ce omit passim; Ee Se passim tam susāna,majjhe.
⁴⁸ Ee Se passim: see prec n.
⁴⁹ Comy gives a dramatic account saying that this line refers to her having been reborn there (in past lives) as a female dog or female jackal feeding on human carcasses, or as a tiger, leopard or cat, eating the flesh of her own dead children (ThīA 179). However, from the verses themselves, we can surmise that Kisā Gotamī is prob referring to her own observations of animals feeding on the carcasses when she goes there to dispose of her own child’s remains.
⁵⁰ Be Ee Se so; Ce hata,kulukā.
⁵¹ Comy notes that through spiritual friendship (viz, meeting with the Buddha) by chance, she attains nirvana, the death-free (ThīA 179).
⁵² Be Ce Ee so; Se ariyo’ṭṭhaṅgiko.
⁵³ Be Ee Se so; Ce asaka,gāmi: a + saka, “not belonging to oneself” (CPD).
⁵⁴ Be apeekhi’ham; Ce Ee so; Se apeekhi’ham.
⁵⁵ Be Ce so; Ee Se has me instead.
⁵⁶ Be Ee so; Ce kisojā gotamī.
⁵⁷ Be Ce vimutta,cittā; Ee Se so.
⁵⁸ Be Ee Se so: bhaṇī iti; Ce bhaṇīti;
Kisā Gotamī Therī Vatthu
The Story of the Elder Nun Kisā Gotamī (composite)

AA 1:377-380; SA 1:190 f; ThīA 174-182; DhA 26.12/4:156
Commentarial glosses omitted

1 Gotamī’s spiritual aspiration

1.1 Her name was Gotamī, but since she was of weak disposition (kisā,-
dhātu,kattā) of little flesh and blood, Kisā Gotamī.

1.2 During the time of Padum’uttara Buddha, she was born in a family in Harīsa, where people heard the Buddha teaching the Dharma. One day, having seen the Teacher establishing a nun as the foremost of those (nuns) who wore coarse robes, too, did acts of merit, aspiring to the position.

1.3 For a hundred thousand world cycles, she was reborn amongst the devas and humans. After that, when the Buddha had arisen in this world, she was born into a destitute family. When she came of age, she married into another family.

2 Gotamī and the landowner’s son

2.2 It is said that once in Savatthī, a family’s wealth of 80 million all turned into charcoal. Not discarding what has turned into charcoal, the landowner thought, “Surely, there will be someone with merit, and by that merit, this will be restored to its original state.”

He (collected the charcoal and) filled the silver and gold pots full, set them up in his shop and sat down near them.

59 For Eng tr, see Bode 1893.
60 At DhA 26.12/4:156, the Buddha speaks to Sakka in praise of Kisā Gotamī’s wearing rag-robes. Here, I have freely used Burlingame’s tr (1921, DhA:B 3:285 f), giving my own rendition where I think his otherwise excellent tr is either outmoded or unclear, and filling in any omission.
61 Dhātu here lit tr as “humour” (Vism 485).
62 Appa,mamsa,lohitatāya, SA 1:190.
63 Kisa,sarīratāya, ThīA 174.
64 The 10th of the 24 Buddhas before our Gotama Buddha (B 11/34-36; BA 190-198).
65 ThīA 174.
67 At this point, SA 1:190 inserts the episode of the landowner (kuṭumbika) whose wealth of 80 million (asiti,koṭi,-dhanam) turned into charcoal. Apparently, Buddhaghosa here borrows from DhA: see n9 above on Samanta,pāsā-dikā. The SA version gives more details of Gotamī before her awakening and only briefly mentions events leading up to her arhathood.
68 Duggata,kulassa dhitā.
69 This section is from SA 1:190 f.

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2.3 Now a daughter from a destitute family, taking with her half a masaka [small coin] thought, “I will get wood and vegetable.”

2.4 As she was going along the street, she saw the landowner, and said, “There is so much wealth in your shop; how much more there must be in your house!”

2.5 “What do you see, woman, that makes you speak thus?” “This silver and gold.”

2.6 “This must be the person of merit,” he thought, and asked her about her background. Having set in order the goods in his shop, he went to see her parents, and said, “There is in our house a boy who has come of age. Give this girl to him.”

2.7 “Sir, what kind of joke are you playing on the poor? Friendly intimacy only comes with hardship. Take her. Let her be the landlady!” He brought her home (to marry the boy).

3. Gotamī’s denial

3.1 In due course, when she gave birth to a son, they accorded her proper respect. But when the boy was old enough to run about and play, he died. Sorrow arose in her. [She went mad with grief.]

3.2 She thought [on account of her being mad with grief]: “I was denied wealth and honour in this house, but since the birth of my son, I have received respect. These folk may even seek to cast my son away.”

3.3 Taking her son on her hip, she went from door to door, saying, “Give me medicine for my son!”

3.4 Wherever she went, people she met told her, “We have never heard of any medicine for the dead.” So saying, they clapped their hands and laughed. She simply knew not what they had said.

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70 SA 1:190 f concludes the rest of the story thus:
On account of living intimately (saṁvāsaṃ anvāya) (with the landlord’s son), she bore a son. When the son was able to run around on his own feet, he died. Having gone to a great family, misfortune arose in the family, she thought, “This loss of a son has come upon me!”

As a result of the profound sorrow arising from her loss, she prevented the son’s funeral rites, took the dead body and wandered about aimlessly in the city.

One day, she walked into the great road of the Buddha, the One with the Ten Powers, and before him, she said, “Blessed One, give me medicine for the sake of my son’s health.”

“Go into Sāvatthi, and look around until you find a house where no one has died. Ask for mustard seeds from them. That would be the medicine for your son.”

She entered the city went to the neighbouring houses as instructed by the Blessed One, wandering about, asking for mustard seeds from house to house.

“But this, they say, is the nature of things for everyone, not just for my son.”

Leaving the corpse in the mortuary (? saḷāyam), she asked for the going forth.

“Let her go forth!” said the Teacher, and sent her to the nuns’ quarters. In the tonsure hall she attained arhat-hood.

71 Sok’ūmmādo uppajji, ThiĀ 174.
72 ThiĀ 175.
73 Hata,lābha,sakkāra, perhaps also contextually translatable as “failed to receive honour.”
4 The wise man

4.1 Now a wise person, seeing her, thought,  
“This woman must have been driven out of her mind by the sorrow for her son. But as regards the  
medicine for her, there is no one else who would know, except the One with the Ten Powers.”

4.2 So he said to her,  
“Woman, as for the medicine for your son, there is no one else who knows, except the One with the  
Ten Powers, the foremost individual in the world with its devas, who resides at the vihara before us.  
Go there and ask him.”

4.3 She thought, “This person speaks the truth.”  
Taking her child, she went to the Tathāgata who at that time was seated on the Buddha-seat.

4.4 Standing at the edge of the congregation, she said,  
“Blessed One, give me medicine for my son.”

5 The mustard seeds

5.1 The Teacher, seeing her spiritual disposition [her readiness for conversion], said,  
“You have done well, Gotamī, in coming here for the medicine. Go into the city, bent on your goal,  
walk around the whole city, and from whichever house where no one has died fetch mustard seeds.”

“Very well, bhante,” she said.

5.2 With joyful heart, she entered the city, and at the very first house, said,  
“The One with the Ten Powers bids me fetch mustard seeds as medicine for my son. Give me mustard seeds!”

“Here! Gotamī,” they said, and brought it and gave to her.

5.3 “I cannot just take it like that. Has anyone died in this house?”

“What are you saying, Gotamī! It is impossible to count the dead here.”

“In that case, alas, I cannot take it. The One with the Ten Powers tells me that I cannot take mustard  
seeds from a house where anyone has died.”

5.4 In the same way, [she went to the second house;] she went to the third house.

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74 “The One with the Ten Powers,” *dasa, bala* or more fully *dasa, bala, ŋañña*. The 10 powers are: (1) knowledge  
of the possible and the impossible (*jhanājñāna ṇañña*), such as in the analysis of karma (M 57, 135, 136), and the  
possibility regarding the realm, circumstances, time and effort, all of which would impede or reinforce the result;  
and also the cause of karma, etc; (2) knowledge of the result of karma (*karma, vipāka ṇañña*); (3) knowledge of the way  
leading to all destinies and goals (*sabbattha, gāminī, paññipadā*); (4) knowledge of the world with its various elements  
(ṅañña, dhātu ṇañña) (M 115.4-9/3:62 f); (5) knowledge of the different dispositions of beings (ṅaññadhīmutti *kha ṇañña*);  
(6) knowledge of the maturity level of beings in terms of faith, energy, mindfulness, concentration and wisdom  
(*indriya, paropariyutta ṇañña*) (Vbh §§814-827); (7) knowledge of the defilements, cleansing and emergence in the  
cases of the meditations, liberations, concentrations and attainments (*jhānādi, saṅkilesādi ṇañña*); (8) knowledge of the  
recollection of (his own) past lives (*pubbe, niñvāsānussati ṇañña*); (9) knowledge of the passing away and arising of  
beings (according to their karma) (*cūṭūpapāta ṇañña*); (10) knowledge of the destruction of the mental defilements  
(*āsava-khaya ṇañña*) (M 1:69; A 5:33; Vbh 336). See *Mahā Sīhanāda S* (M 12.9-20/1:69-71) for details.

75 “At the vihara before us,” *dhura, vihāre*. The word “vihara” is found in the Merriam-Webster Third New  
International Dictionary.

76 “Bent on your goal,” *koṭito paṭṭhāya*.

77 ThīA 175 mentions both the second and third houses: *dutiya tatiya gharam gantvā*. From this omission, it  
is likely that Buddhaghosa wrote the ThīA version first, and in assuming the details, inadvertently fails to mention  
“the second house” in the AA version. Of course, the reverse is also possible, that he made the omission first, but  
then rectified it in the ThīA later.

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http://dharmafarer.org
Then, by the Buddha’s power, she was free of madness, her mind restored.] 78

5.5 Then, she thought,  
“This whole city must surely be like this! In his goodness and compassion, this must have been seen by the Buddha!”

6 Gotamī awakes to the truth

6.1 Overcome with samvega, 79 she went outside of the city, heading for the charnel-ground, holding her son in her arms. Then, she said,  
“Dear little son, I thought that you alone have been overtaken by this thing called death. But you are not the only one death has overtaken. This is the law common to all mankind.” 80

6.2 So saying, she left her son in the charnel-ground.  

Then, she uttered the stanza:

6.3 This is not the nature [dharma] of a village, nor the nature of the market-town,  
Nor even the nature of any single family—  
But of all the world with its devas,  
This indeed is the only truth [dharma]: that of impermanence.  (Ap 22.28/566)

6.4 Now, having said this, she went before the Teacher. Then, the Teacher said to her,  
“Gotamī, did you get the mustard seeds?”

6.5 “Bhante, I am done with the business of the mustard seeds! Only give me refuge [support].” 81

6.6 Then, the Teacher uttered to her this stanza in the Dhammapada:

The man who is intoxicated by sons and cattle, whose mind is distracted,  
death carries him off, like a great flood sweeps away a sleeping village.  (Dh 287)

6.7 At the end of (the utterance of) the stanza, even as she stood right there, she became a stream-winner.

6.8 She requested the going-forth and the Teacher consented to her going-forth.

6.9 She thrice circumambulated the Teacher, keeping him to her right, saluted him, and, having gone to the nuns’ quarters, received the going forth and higher ordination.

Not long after her ordination, practising meditation 82 by way of wise attention, she cultivated insight.

78 ThīA 175.

79 “Samvega” (saṁvega), “sense of urgency,” is closely associated with spiritual “seeing” (dassana), a close encounter with reality. The Pali-English Dictionary defines it as “agitation, fear, anxiety; thrill, religious emotion (caused by contemplation of the miseries of the world).” It is one of the most powerful of Buddhist terms that refers to a sort of spiritual crisis that results from directly perceiving the truth. For a lay person, this usually results in disillusionment with worldly life, often leading to renunciation, whereas in the case of a monastic, it urges him to exert more energy in spiritual practice until the goal is attained. For a discussion, see Mahā Parinibbāna S (D 16), SD 9 (7f).

80 This is an example of an apostrophe, ie, addressing an absent or imagined audience, a sort of soliloquy.

81 Niṭṭhitāṁ bhante siddhatthakena kammam, patiṭṭhāṁ pana me dethāti āha. “Refuge [support],” patiṭṭhāṁ, 2 sg acc of patiṭṭhā, from pati + ṭhā, to stand. Cf Ved pratiṣṭhā, “support, foundation, resting place, stay, ground, help, also (spiritual) helper, support for salvation”: S 1:1 (ap”), 2:65; 3:53; Sn 173; Dh 332; J 1:149, 4:20; Miln 302; DhsA 261; VV 138; PVA 53, 60 (= dipa, “island”), 87 (= dipa), 141 (su~), 174 (su~ = dipa).

82 “Working on it,” kammam karoti.
6.10 Then, the Teacher, appearing in a radiant form (before her), uttered this stanza:\(^{83}\)

And if anyone were to live for a hundred years, not seeing the death-free state,
it is better living for just a day, seeing the death-free state. \((\text{Dh} 114)\)

6.11 At the conclusion of the teaching, Kisa Gotamī attained arhathood.\(^{84}\)

And becoming the most excellent \((\text{param}-\text{ukka\bhā})\) of those resorting to the requisites,\(^{85}\) she wandered about accomplished in coarse triple robes.\(^{85}\)

6.12 On another occasion, the Teacher, seated in Jeta’s Grove and assigning ranks (of those foremost) amongst the nuns, established her as the foremost amongst the sisters \((\text{therī})\) who are wearers of coarse triple robes.

6.13 [And she, reflecting on what great things she had won, uttered these stanzas before the Teacher, in praise of friendship with the Master \((\text{mukha})\): \(\text{Thī 213-223}\).]\(^{86}\) [SD 43.2b]

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**SD 43.2d**

**Kisa Gotamī Vatthu**

The Story of Kisa Gotamī | \(\text{DhA 8.13/2:270-275} \& \text{20.11/3:431-433}\)\(^{87}\)

Commentarial glosses omitted

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**1 The prophecy**

1.1 It is said that once the wealth of a seth \([\text{seṭṭhī}, \text{wealthy entrepreneur}]\) worth 40 million suddenly turned into charcoal.\(^{88}\) The seth, overcome with grief, refused to eat and simply lay down on his bed.

1.2 One day, a companion visited his house and asked,

“Sir, why are you sorrowful?”

1.3 Having heard the merchant’s story, he said,

“Sir, sorrow not. \([2:271]\) I know a way out of the difficulty, why don’t you follow it!”

1.4 “Well, sir, what should I do?”

“Spread a reed mat in your shop, pile up the charcoal on it, and sit down as if you were selling it.

Passers-by will say thus,

‘Other people would sell such things as cloth, oil, honey, or molasses, but you are sitting here selling charcoal.’

Then, you should say, ‘If I cannot sell what is mine, what could I do?’

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\(^{83}\) \(\text{Atha’śsā \text{satthā imarḥ obhāso, gātham āha}}, \text{lit “Then the Teacher uttered this radiance-verse.”}\)

\(^{84}\) The 8 requisites of a monastic \((\text{aṭṭha, parikkhāra})\) are: the three robes, a bowl, a razor, a needle and thread, a girdle and a water-strainer (DA 1:206 ff; J 1:165, 4:342, 5:254; DhA 2:61).

\(^{85}\) Resorting to only the triple robes \((\text{ti, cīvarik’āiga})\) is one of the 13 ascetic practices \((\text{dhuta\bhīga})\): for the others, see \(\text{Bakkula S} \text{ (M 124), SD 3.15 (1) \& Aṅgulimāla S} \text{ (M 86), SD 5.11 (1).}\)

\(^{86}\) It is clear that Gotamī’s Therī, gāthā (Thī 218 f), referring to the loss of “two sons and a husband dead along the path,” correctly belongs to Paṭācāra’s Therī, gāthā.

\(^{87}\) For parallels, see Aṅguttara Comy (JRAS 1893:791-791); ThīA 63/174-176. In ThīA 218 f and the Tib version, certain episodes of the Paṭācāra story (DhA 8.12) are incorporated into the Kosā Gotami. For other refs, see DhA:B 2:257 n1.

\(^{88}\) This episode of wealth turning into charcoal is also found at SA 1:190 f. See W Pruitt (tr), *Commentary on the Verses*, Oxford: Pali Text Society, 1998:222-224.
1.5 But again, someone might say, ‘Other people would sell such things as cloth, oil, honey, or molasses, but you are sitting here selling money [silver and gold].’

1.6 Then, you should say, ‘Where is there any money?’ When he or she says, ‘There it is!’ you must say, ‘Bring it to me!’

1.7 The person will bring you a handful of charcoal. Take it into your hands, and it will turn into money.

1.8 Now if your customer were a maiden, marry her to your son, turn over the forty million to her, and you should live on what she gives you.

1.9 But if the person were a youth, marry him to your daughter as soon as she reaches marriageable age, turn over the forty million to him, and you should live on what he gives you.”

1.10 “A good plan, indeed!” said the seth. [272]

So, he piled up the charcoal in his shop, and sat down as if he were selling it. People who came along said thus,

‘Other people would sell such things as cloth, oil, honey, or molasses, but you are sitting here selling charcoal.’

Then, he said, ‘If I cannot sell what is mine, what could I do?’

2 Kisā Gotamī

2.1 Now, there was a certain maiden, the daughter of a poverty-stricken family. Her name was Gotamī, but by reason of the leanness of her body she was generally known as Kisā Gotamī [Lean Gotamī]. She was running an errand, and came to the shop door.

2.2 She said this, “My good sir, other people would sell such things as cloth, oil, honey, or molasses, but you are sitting here selling charcoal.”

2.3 “Girl, where is there any money?”

“Right here where you are sitting!”

2.4 “Hand it to me, daughter (ammā)!”

She took a handful of the charcoal and placed it in his hands. And when it filled his hands, it turned into money.

2.5 Then, the seth said to her, “Where is your house, maiden?”

She said, “Such and such, sir.”

2.6 The seth, perceiving that she was unmarried, married her to his own son, putting the 40 million in her charge. Everything turned into money!

2.7 In due course, she was with child. After ten lunar months, gave birth to a son. But the child died as soon as he was able to walk.

3 Kisā Gotamī seeks a cure for her dead child

3.1 Now, Kisā Gotamī had never seen death before. Therefore, when they came to remove the body for cremation, she stopped them.

She thought, “I will ask around for medicine for my son.”

89 Amma (voc), a general way of addressing a girl or woman, variously tr in English depending on her status: “Mother,” “Madam,” “Miss,” “Woman,” etc. See CPD: amma & ammā.

90 “Unmarried,” assāmika, bhāvamī, “of the status of one without a husband.”
3.2 Placing the corpse on her hip, she went from house to house asking, “Do you know what medicine will cure my son?” [273]

3.3 People said to her, “Woman, you must be mad to wander from house to house asking for medicine for your dead child!”

But she thought, “Surely, I will find someone who knows the medicine for my child.”

3.4 Now a certain wise man saw her and thought, “Our daughter here has no doubt brought forth a child for the first time, one who has not seen death before. I must find her some help [refuge] (avassaya).”

3.5 He said, “Woman, I know no medicine (for curing your child); but I know one who knows the medicine.”

“Sir, who is it that knows?”

3.6 “The Teacher, woman, knows. Go and ask him.”

“I will go, good sir, and ask him.”

4 Kisā Gotamī seeks white mustard seeds

4.1 So she went to the Teacher, saluted him, and standing at one side, asked him:

“Bhante, is it true, as people say, that you know the cure for my child?”

“Yes, I do know.”

4.2 “What is it that I should get?”

“A pinch of white mustard seeds.”

4.3 “I will find it, bhante. But in whose house shall I get it?”

“In whose house neither son nor daughter nor anyone else had died.”

“Very well, bhante,” she said and saluted him.

4.4 Then, she placed the dead child on her hip, entered the village, stopped at the door of the first house, and asked,

“Are there any white mustard seeds in this house? [274] They say it is medicine for my child.”

“Yes.”

“Well then, give it to me.”

4.5 They brought grains of white mustard seeds, and when they were going to give them to her, she asked,

“Madam, in the house that you dwell, has a son or a daughter or anyone not died before?”

4.6 “What are you saying, woman? Few indeed are the living; only the dead are many.”

“Well then, keep your mustard seeds: they are no medicine for my child.”

5 Kisā Gotamī learns the truth

5.1 So she wandered about in this manner, hoping and asking around. There was not a single house where she could find the mustard seeds she sought.

5.2 And when evening came, she thought,

“Ah! It is a heavy task I have taken upon myself. I thought it was I alone who had lost a child,92 but in every village, there are more dead than the living.”

91 Achara-gañana,mata siddhatthake laddhum vaṭṭatīti. “White mustard seeds,” siddhatthaka (Skt siddhārthaka), also siddhattha (Ap 2.22.24/2:564; ThA 181; J 3:225, 6:537; DhA 2:273); siddhattha is also the Buddha’s personal name, some explained as siddha (accomplished) + attha (purpose, wish), i.e., “wish-fulfilled, mission accomplished.” Also sāsapa (Skt sarsapa) (S 2:137, 4:464; A 4:170; J 6:174; DhA 1:107, 2:51, 4:166; Vism 306, 633; PvA 198). Mustard power (sāsapa,kuṭṭa) is mentioned in the Vinaya (V 1:205, 2:151).
5.3 Thinking thus, her heart that was soft before with mother’s love now became strong [firm]. She left her son [in a charnel ground] in the forest. Going to the Teacher, she saluted him and stood at one side.

5.4 The Teacher said, “Did you get a single pinch of white mustard seeds?”[93]
   “No, bhante, I did not. In every village, there are more dead than the living.”

5.5 The Teacher said, “You thought in vain that you alone had lost a son. But all living beings are subject to the unchanging truth, thus:
   The king of death, like a great flood, [275] sweeps away into the sea of ruin[94] all those beings with a weak mental disposition.”[95]

5.6 Teaching her the Dharma, he uttered this stanza:

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Tam putta, pasu, sammattām
vyāsatta, manosam naraṁ
Suttaṁ gāmam mah’ogho’va
maccu ādōya gacchatīti
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(Identity of the man who is intoxicated by sons and cattle
whose mind is distracted,
Death carries him off, like a great flood
sweeps away a sleeping village.)

(Dh 287) [= DhA:3:342]

5.7 At the end of (the utterance of) the stanza, Kisā Gotamī became a streamwinner. Many others, too, won the fruit of streamwinning and so on.

5.8 Kisā Gotamī requested the going-forth from the Teacher, who instructed that she go forth in the presence of the order of nuns. After she had obtained her ordination, she was known as the elder nun (theri) Kisā Gotamī.

6 Kisā Gotamī’s awakening

6.1 One day, it was her turn to light the lamp in the uposatha [consecrated convocation] hall. Having lit the lamp, she sat down and observed the tongues of flame, some flaring up, others flickering out.[96]
   She took this for her subject of meditation, reflecting thus:
   6.2 “Even so it is with beings: some here flare up, while others flicker away. Only those who have reached nirvana no more arise.”

6.3 The Teacher, seated in his fragrant cell, sent forth a radiant image of himself, and seated as it were right before her, showing the connection, said,

6.4 “Even as it is with the flames, so it is with living beings here: some flare up, while others flicker away. Only those who have reached nirvana no more arise. Therefore, better is the life of one who lives for but a moment, but who sees nirvana, than those who live a hundred years, not seeing nirvana.”[97]

6.5 Then, he taught her the Dharma, uttering this stanza:

92 Mam’eva putto mato’ ti saṇīsam akāsīn, lit “I had the notion, ‘Only my son is dead!’”
93 Laddhā te ek’acchara, mattā siddhatthakāti.
95 “Those with a weak mental disposition,” aparipuṇa’ajhāsaye.
96 In the story of Paṭācarā, she “realizes that the point of the light going out is like the moment of awakening” (Thī 112-116, 218 f; AA 552-560; DhA 8.12/2:260-270; Thīa 108-112. See DhA:B Intro §27, Synoptical Table & p50.)
97 Evam nibbānam apassantānam vassa, satam jīvanato nibbānam passantassa khaṇaḥ, mattam pi jīvitaṁ seyyo ti. The last 2 padas can also be rendered thus: “Therefore, better is the life of one who sees nirvana, even for just an instant, than those who live a hundred years, not seeing nirvana.” Cf Thī 112-116 & Dh 113 (in connection with Paṭācarā).
Yo ca vassa, sataṁ jīve
apassarṁ amataraṁ padarṁ;
ekāhaṁ āvitaṁ seyyo
passato amataraṁ padan’ti

Even if one were to live for a hundred years,
not seeing the death-free state,
‘Tis better living for just a day,
seeing the death-free state.

(Dh 114) [= DhA 3:431]

6.6 At the conclusion of the teaching, Kisā Gotamī, even as she sat right there, attained arhathood together with the analytic insights.⁹⁸

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⁹⁸ “Analytic insights,” patisambhidā, discriminative knowledges, ie, (1) “of meanings [consequences] (attha, patisambhidā); (2) “of dharmas [ideas, mental states; causes] (dhamma, patisambhidā); (3) “of language (nirutti, patisambhidā); (4) “of wit [perspicuity (in knowledge and expression)] (paṭibhāna, patisambhidā) (A 2:160; Pm 1:119). Defined at Vbh 293 & Vism 440. 3 kinds (1, 3, 4) at Vbh 297.