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Samatha and Vipassana

A brief historical and psychological survey by Piya Tan ©2022

SD 60.1 comprises the following parts:*SD 60a* (2022a):**SD 60.1a** Character analysis (the Visuddhi, magga ch 3 and the Vimutti, magga ch 6)**SD 60.1b** Samatha and vipassana: A brief social history of teachings and teachers*SD 60b* (2022b):**SD 60.1c** Mindfulness and lovingkindness

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