

# THE LIVING WORD OF THE BUDDHA

The Buddha's Teachings in the Oldest Texts

*Celebrating 21 years of full-time sutta translation and teaching, 2002-2023*

## *Handbook of Meditation in Society 5*


### Sutta Discovery Vol 60.1e

#### Theme: Delusion and Experience

Epistemology, psychology and the Abhidhamma

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***"What we know is what we sense: thinking makes sense of it."***

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Piya Tan (TAN Beng Sin), 1949-

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*for the sake of a beautiful mind,  
as a support for the mind (in inner peace).*

(Aṭṭha Dāna Sutta, A 8.31/4:236)

The essay, **SD 60.1e *Delusion and experience***, is part of the multi-volume *SD 60 Handbook of Meditation in Society*, comprising (to date):

<b>SD 60.1a</b>	Character Analysis
<b>SD 60.1b</b>	Samatha, Vipassana, Kammatṭhāna
<b>SD 60.1c</b>	The Rhetoric of Buddhist Experience
<b>SD 60.1d</b>	An Evolutionary Psychology of Mindfulness
<b>SD 60.1e</b>	Delusion and Experience
<b>SD 60.1f</b>	Psychopathology of Meditation

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