20 years of full-time sutta translation and teaching
by Piya Tan (TAN Beng Sin)
assisted by Ratna Lim and family
2002-2023

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Piya Tan (TAN Beng Sin), 1949-
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for the sake of a beautiful mind,
as a support for the mind (in inner peace).
(Aṭṭha Dāna Sutta, A 8.31/4:236)
Handbook of Meditation in Society 1+2
A brief historical and psychological survey by Piya Tan ©TAN Beng Sin, 2022, 3rd rev ed 2023

SD 60ab, Character analysis; Types of Meditation, is part of the multi-volume SD 60 Handbook of Meditation in Society: comprising (to date):

SD 60.1a Character Analysis
SD 60.1b Samatha, Vipassana, Kammatthana
SD 60.1c The Rhetoric of Buddhist Experience
SD 60.1d An Evolutionary Psychology of Mindfulness
SD 60.1e Delusion and Experience
SD 60.1f Psychopathology of Mindfulness

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Handbook of Meditation in Society 3

Sutta Discovery Vol 60.1c
Theme: The rhetoric of Buddhist experience
A psychosocial exploration of modern Buddhism

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Piya Tan (TAN Beng Sin), 1949-
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(Aṭṭha Dāna Sutta, A 8.31/4.236)
The essay SD 60.1c, *The Rhetoric of Buddhist Experience,* is part of the multi-volume SD 60, comprising (to date), with a related earlier essay:

**SD 56.22** Early Buddhist Psychology as experience (2020c)
**SD 60.1a** Character Analysis
**SD 60.1b** Samatha, Vipassana, Kammaṭṭhāna
**SD 60.1c** The Rhetoric of Buddhist Experience
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Handbook of Meditation in Society 4

_Sutta Discovery Vol 60.1d_

**Theme: An Evolutionary Psychology of Mindfulness**

Buddhist experience: The individual and society
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_Mindfulness is knowing our self so that we awaken to true freedom_

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**Sutta Discovery Vol 60.1e**  
Theme: Delusion and Experience  
Epistemology, psychology and the Abhidhamma  
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“What we know is what we sense: thinking makes sense of it.”

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Piya Tan (TAN Beng Sin), 1949-
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WE GIVE
*for the sake of a beautiful mind,*
*as a support for the mind (in inner peace).*
(Aṭṭha Dāna Sutta, A 8.31/4:236)
The essay, **SD 60.1e Delusion and experience**, is part of the multi-volume **SD 60 Handbook of Meditation in Society**, comprising (to date):

| SD 60.1a | Character Analysis |
| SD 60.1b | Samatha, Vipassana, Kammaṭṭhāna |
| SD 60.1c | The Rhetoric of Buddhist Experience |
| SD 60.1d | An Evolutionary Psychology of Mindfulness |
| SD 60.1e | Delusion and Experience |
| SD 60.1f | Psychopathology of Meditation |

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Theme: A Psychopathology of Mindfulness
When religion and meditation fail

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Piya Tan (TAN Beng Sin), 1949-
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WE GIVE

for the sake of a beautiful mind,

as a support for the mind (in inner peace).

(Aṭṭha Dāna Sutta, A 8.31/4:236)
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