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Celebrating 21 years of full-time sutta translation and teaching, 2002-2023

Handbook of Meditation in Society 6


Sutta Discovery Vol 60.1f

Theme: A Psychopathology of Mindfulness

When religion and meditation fail

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Wisdom and science are the better alternative to religion

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ISBN 978-981-18-8971-4 (Physical)

ISBN 978-981-18-8972-1 (Digital)

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Printed in Singapore

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Piya Tan (TAN Beng Sin), 1949-

Title: Sutta Discovery 60.1f: Handbook of Meditation in Society 6

Theme: A pathology of mindfulness: when religion and meditation fail

Series: The living word of the Buddha (2002-)

First published 2023; publisher: the author

ISBN 978-981-18-8971-4 (physical)

ISBN 978-981-18-8972-1 (digital)

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*for the sake of a beautiful mind,
as a support for the mind (in inner peace).*

(Aṭṭha Dāna Sutta, A 8.31/4:236)

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